

2015 GENERAL SERVICE CONFERENCE OF CRYSTAL METH ANONYMOUS



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REPORT OF CONFERENCE ACTIVITIES

Prepared by the Crystal Meth Anonymous General Services Committee

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OVERVIEW OF THE CONFERENCE

The 2015 General Service Conference of Crystal Meth Anonymous was held March 5-9, 2015, in Marina Del Rey, California. A total of 84 CMA members attended, including 32 delegates from across the United States, and the United Kingdom

On March 7, the six Conference Committees (Communication, Executive, Finance, Hospitals and Institutions, Literature, and Public Information and Outreach) met all day to discuss their agenda items and prepare proposals.

The reports from these committees are attached. (Appendices A through G)

CONFERENCE MINUTES

General Service Conference Day One

The General Service Conference Assembly began on March 8, 2015, and was called to order at 8:05am by James C (New England Regional Trustee and Chair of the General Service Committee).

The Assembly was opened with the Serenity Prayer, and then the Twelve Traditions of CMA, and the Twelve Concepts for World Service were read.

James C. (New England Trustee and Chair of the General Services Committee) reviewed the Conference procedures and answered questions from the floor.

Review of CMA Service Structure, presented by Doug B. (At-large Trustee and Chair of the Board of Directors) and James C. (New England Trustee and Chair of the General Service Committee)

A brief outline of the service structure was given as noted below. It was noted that much more detail can be found in the CMA Service Manual (available for download on the CMA website):

1. **Groups.** The primary service responsibility of the group always is to carry the message to addicts who are still suffering. However, the group is also the foundation for the larger service structure of CMA. The financial support of the groups is what makes possible everything else we do.



2. **Intergroups.** Here is where things will begin to be different. Intergroups are not part of the CMA service structure. They are “groups of groups,” local in nature, that provide services to their groups such as meeting lists, literature caches, and phone lines. Most of these services require the spending of money, so Intergroups should be incorporated. They handle business, whereas the rest of the service structure handles spiritual matters.
3. **Districts.** The Districts are geographic subdivisions of Areas that allow for better communication from the Area Committee and Delegate to the Groups. Functionally, they are “groups of groups” that are part of the CMA service structure. Districts should elect representatives to the Area Assemblies.
4. **Areas.** At present, CMA consists of Areas, corresponding to each of the 50 United States, the District of Columbia, and each Province of Canada. The Charter allows the current Areas to be subdivided, but the General Services Conference must approve this action. The primary duties of the Areas are to elect delegates to the General Services Conference and to nominate members for regional trustee positions. They may do other things, but these are the minimum requirements.
5. **CMA World Services.** CMA World Services encompasses the Board of Trustees, the committees of the Board, the subcommittees, and the delegates to the General Services Conference.
6. **Crystal Meth Anonymous, Incorporated.** CMA, Inc., is the “business” part of CMA. It is incorporated as a 501(c)-3 non-profit in the state of California and handles the taxes, legal affairs, and finances for the fellowship. It also handles the day-to-day activities of CMA, such as maintaining the website and sending out chips. It is operated by the Board of Trustees.
7. **Board of Trustees.** The Board of Trustees is comprised of up to 24 total members: 18 members (up to two each) from nine regions, plus up to six at-large members. While the regional trustees must be addicts and members of CMA, non-addicts are eligible to be at-large trustees, allowing us to find specialists (such as a lawyer or accountant) to handle certain affairs. The Board has two committees: The Executive Committee and the General Services Committee (GSC). The Executive Committee primarily handles the legal affairs for the Board, while the GSC handles the day-to-day operations of CMA. The subcommittees (Literature, Hospitals and Institutions, Public Information and Outreach, Fulfillment, Financial, and Fellowship Communications) assist the GSC with the performance of its duties. While only Board members can be on the Executive Committee and GSC, any member of the fellowship willing to serve can be a member of an Advisory Committee.

A quorum count at 9:09am found a total of 66 voting members present.

A motion was made by Will H. of Massachusetts to allow voting rights to



delegates from outside of North America at this Conference, and the motion was seconded by Trish M. (Mid-South Regional Trustee). The motion was approved unanimously and brought the voting membership to 67.

Finance Report

Chip E., (Chair of the Finance Committee, Philadelphia, PA and Danny T., (Southeast Regional Trustee, Board Treasurer)

A presentation was made detailing the income and expenses of the Fellowship over the previous year.

Chip and Danny received comments and questions from the floor.

(This initial financial report detailing the income and expenses for the previous year and the Finance Committees complete breakout presentation are included in Appendix A.)

The Assembly recessed for a break at 10:00am.

The Assembly reconvened at 10:20am. A quorum count found 68 voting members present.

Conference Committee Reports

The full committee reports are included as separate attachments in the appendices.

Communications Conference Committee Report Dale G., (Communications Advisory Committee Chair, Los Angeles, CA) gave the report for the Communications Conference Committee detailing:

Website Stats:

- 70,456 website hits this past year with approximately half from mobile devices
- Top 12 documents downloaded over the past two years were provided
- 2014 Accomplishments
 - Migration to a new server
 - New meeting packet
 - Liaison work with all advisory committees
 - Developed online contribution page for Finance advisory committee

2015 Objectives

- Update website for mobile phones
- Grow the committee membership and train new members
- Create new content and functionality for advisory committee web pages
- GSR registry and enhanced GSR communication



- Establish Communications advisory committee policies and procedures

Longer Term Goals

- New Look and Feel for the CMA website
- Smartphone App
- Download of Speaker shares
- Listing online meetings

Dale received comments and questions from the floor.

Literature Conference Committee Report Aaron M. (Literature Committee Chair, Denver, CO) gave the report for the Literature Conference Committee detailing:

- Past Year Committee Work
 - French and Spanish translations of CMA literature
 - New pamphlet development
- Committee Work at the Conference
 - New book *Sex in Sobriety* (1st person stories)
 - New book *Overcoming Obstacles in Sobriety*
 - *The Twelve Steps and How They Work* – rewritten version
 - New pamphlet for GSR's
 - *Twelve Steps of CMA*, long version
 - Anonymity Workshop collaboration with Public Information Committee
- Call to the Fellowship – Literature Committee needs writings/stories from the Fellowship – Committee members are willing to have stories dictated to them
- Input from the Assembly – Literature Committee would like to hear what new literature the Fellowship would like to see developed

Aaron received many comments and questions from the floor about the editorial process, suggested new literature, and additional translations of existing literature. There was significant amount of comments supporting the "Sex in Sobriety" literature and offering up additional suggestions.

Public Information and Outreach Conference Committee Report (PI&O) Tanner W. (Public Information and Outreach Committee Chair, Portland, OR) gave the report for the Public Information and Outreach Conference Committee report detailing:

- Strategic Goals
- A year in review (accomplishments)
- Outreach efforts with a focus on national events



Tanner received comments and questions from the floor supporting PI&O efforts and encouraged PI&O to work with Finance to identify funding for outreach efforts.

Chip E., Philadelphia, PA made a Floor Motion Regarding the Public Service Announcement entitled, "Into The Light". The full motion was read aloud:

WHEREAS, a Crystal Meth Anonymous (CMA) Public Service Announcement (PSA) entitled, "Into The Light" has recently been published by the Public Information and Outreach (PI&O) Advisory Committee of CMA, and WHEREAS, Tradition One provides that personal recovery depend upon CMA unity and in accordance with which two of the criteria that the Literature Advisory Committee has established by which all CMA publications should be judged before publication, include "does it promote unity of CMA" and "does it allow for the diversity of our membership without alienating any particular region or demographic," and

WHEREAS, John 8:12 in the Christian Bible states, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life", the words 'the light' have been understood to represent the Christian deity Jesus of Nazareth, and

WHEREAS, the accompanying imagery of coming into light from darkness is also understood to represent the accepting of said Christian deity, and

THEREFORE, it must be concluded that the PSA "Into The Light" contains Christian religious overtones and imagery, and

WHEREAS, the explicit or implicit use of a particular religion's imagery and language, violates the criteria by which material is suitable for publication by promoting one part of the fellowship, "Christians," and alienating another part of the fellowship, "non-Christians", and so should be judged not suitable for publication, and

WHEREAS, the Big Book says, and our experience shows, addicts in active addiction are often atheist, agnostic or at least non-religious. We know that most potential newcomers are not spiritual. If they were, they would not be using meth and would not need CMA to show them the spiritual solution to change their lives, and

WHEREAS, Tradition 5 states that our primary purpose is to carry the message to the addict who still suffers and this PSA contains subtle symbolism of ideas that many if not most potential newcomers reject and, therefore, may deter potential newcomers from coming to CMA, and

WHEREAS, other organizations exist that use Christian and other religious approaches to addiction, and often it is CMA's absence of religious affiliation that attracts newcomers, and

WHEREAS, similarly, the religious tone is not representative of the principles we share that are explained in the "We Agnostics" chapter of the Alcoholics Anonymous Big Book, and

WHEREAS, objections that this PSA has religious overtones and imagery have been consistently and independently provided by multiple members of the fellowship, and

WHEREAS, this is only the second PSA published by CMA and therefore has the potential to set precedent:

WE HEREBY MOVE THAT THE CMA PSA ENTITLED "INTO THE LIGHT BE



REMOVED FROM DISTRIBUTION, AND SENT BACK TO COMMITTEE FOR REVISION TO REMOVE RELIGIOUS LANGUAGE, IMAGERY, AND OVERTONES. Respectfully submitted by member of CMA this 7th day of March 2015.
Chip E., Philadelphia, PA
James C., Boston, MA
John T., New York, NY
Chancy L., Washington, DC

That Floor Motion was seconded by Danny B. of North Dakota.

There was discussion on the Floor Motion. It was determined that some in the Assembly had not seen the PSA, "Into The Light". Discussion was suspended while the PSA was played for the Assembly two times.

Discussion on the Floor Motion reconvened.

Scott H., (Mid-South Regional Trustee) stated that he believed that this motion was a departure from the Agenda and would require a vote by the Assembly to be considered. James C., (Chair of the GSC) did not see the motion to be a departure from the Agenda and allowed consideration of the Floor Motion to continue.

Discussion on the Floor Motion reconvened for some time.

Zach M (Southwest Regional Trustee, Phoenix, AZ) made a motion to call the question of the Floor Motion Regarding the Public Service Announcement entitled, "Into The Light". That motion was seconded by Freddie D, Los Angeles, CA. The motion to call the question failed to reach the two thirds votes required. 44 voted in favor and 25 voted against.

Discussion on the Floor Motion reconvened.

The Assembly recessed for lunch at 12:45pm.

The Assembly reconvened at 2:10pm. A quorum count found 64 voting members present.

Discussion on the Floor Motion reconvened.
Discussion on the Floor Motion ended.

James C. (Chair of the GSC) read the motion aloud. It was clarified that:

- A Yes vote would stop the publication of the PSA and return it to the PI&O committee, and
- A No vote would let the GSC vote to publish the PSA on www.crystalmeth.org and the CMA YouTube channel

The Floor Motion failed with 21 voting Yes, 42 voting No, and 5 abstaining.

Two Minority Reports were provided. Tanner W. (PI&O Chair, Portland, OR) stated



that if even two individuals are offended, then it should not be continued. Chip E. stated that the PSA should not be published for reasons in the Floor Motion. He requested that the Floor Motion be entered into the minutes as his minority report.

There was a discussion about a point of order about who may enter a motion to reconsider. A motion to reconsider was not presented by a member of the majority.

Tanner continued to receive other input from the floor for PI&O.

Executive Committee Report Doug B. (At-large Trustee and Chair of the Board, Oakland, CA) gave the report for the Conference Executive Committee detailing the responsibilities of the Executive Committee:

- Overall Corporate governance
- Custodian of important documents for the Board and Fellowship including Bylaws, Conference Charter and Service Manual

Doug presented the discussion by the Conference Executive Committee in consideration of moving the General Service Conference from March to October. No motion was being put forth on this agenda item today. However, this agenda item was discussed here for reasons of transparency.

Motion by Executive Committee: Allow for movement of Annual Meeting date to meet the needs of the Board and Fellowship, by changing the following language in the Bylaws:

In Article VII, Section 6, Paragraph C of the Bylaws of Crystal Meth Anonymous, Inc., strike the words "during the month of June", so that the entire paragraph reads as follows: "(c) Annual Meeting. The Board shall hold an annual meeting each year for purposes of organization, election of directors and officers, and transaction of other business. Notice of the annual meeting shall be given in accordance with subsection (d)(ii) below."

There was discussion on this motion.
Discussion on the motion ended.

The motion passed with 66 voting Yes, 0 voting No and 2 abstaining.

There was a clarification that any changes of dates for either the Annual Meeting or the General Services Conference would be made by the Board or the GSC respectively.

Motion by Executive Committee: Make the Bylaws agree with the Conference Charter and Service Manual, which provide for the inclusion of Canada by changing the following language in the Bylaws:



- In Article VI, Section 1, add subsections 10 and 11, immediately following the end of subsection 9, to read as follows:
"10. The EASTERN CANADIAN Regional Assembly consists of the Canadian Provinces of Prince Edward Island, Nova Scotia, New Brunswick, Newfoundland and Labrador, Quebec, and Ontario.

11. The WESTERN CANADIAN Regional Assembly consists of the Canadian Provinces of Manitoba, Saskatchewan, Alberta, and British Columbia, and the Canadian Territories of Northwest Territories, Yukon, and Nunavut."
• In Article VII, Section 1, Subsection (a) correspondingly increase the maximum number of Directors to twenty-eight (28) and number of Regional Assemblies to eleven as a result of the above changes to Article VI.

There was discussion on this motion.
Discussion on the motion ended.

The motion passed with 69 voting Yes, 0 voting No and 0 abstaining.

Doug B. reviewed and discussed how three specific Regional Trustee terms had become out of sync with the intended staggering of terms set by the Board. Potential fixes for the three Trustees slots (Pacific B, Great Lakes A, and Southeast B) were discussed.

All Regional and At-large Trustee slots with term expiration year were shared with the Assembly. Following a discussion about vacancies, Doug B. stated that Vacancies to the Board would be part of the Delegate Packet and Conference Report from this point forward.

The Assembly recessed for a break at 3:15pm.

The Assembly reconvened at 3:30pm. A quorum count found 52 voting members present.

Finance Conference Committee Report Chip E. (Finance Committee Chair, Philadelphia, PA) and Danny T. (Treasurer of the Board, Miami, FL) gave the report for the Conference Finance Committee detailing:

- Develop Group Finance Guidelines (Group Treasurer Pamphlet) including:
 - Election of Treasurer
 - Passing the basket
 - Safeguarding the money
- Revenue generation ideas including:
 - 2nd Book/hardback edition of Crystal Clear
 - Amazon/Kindle distribution
 - Medallions for years 11 – 20
 - Chips for months 4, 5, 7, 8, 10, 11, 13, 14, 15, 16 and 17
 - Birthday donations (e.g. 1 penny per day of sobriety)



- Gratitude Month
- Phone App for CMA
- Daily Meditation Book
- Selling non-branded t-shirts and general merchandise
- World Convention
- Direct Contributions via CMA website (already under construction)

Chip and Danny received comments and questions from the floor.

Hospitals and Institutions Conference Report (H&I)

Brenda B-S. (Hospitals and Institutions Chair, Minnetonka, MN) gave the report for the Hospitals and Institutions Conference Committee detailing:

- Results from the H&I elections for Co-Chair, Liaison East, and Liaison West held yesterday
- 2015 Goals
 - H&I Booklet
 - H&I and PI&O collaboration
 - H&I outreach into regions without H&I meetings
 - H&I Handbook
 - Collect audio/written stories from the Fellowship

Brenda received comments and questions from the floor.

The Assembly recessed for the day with the Serenity Prayer at 4:55pm.

General Service Conference Day Two

The Assembly reconvened on Sunday, March 8, 2015, and was called to order by James C. (New England Regional Trustee and Chair of the GSC) at 8:07am.

The Assembly was opened with the Serenity Prayer, and then the Twelve Traditions of CMA, and the Twelve Concepts for World Service were read.

A quorum count found 64 voting members present.

Recognition:

The Board thanked **three** outgoing Trustees for their service to the fellowship and presented each with a token of our appreciation:

- Trustee Scott L., Salt Lake City, UT
- Trustee David K., Salt Lake City, UT
- Trustee Mike K., Las Vegas, NV

The Board also thanked Kurt T. Los Angeles, CA, for providing the fellowship with Fulfillment services for many years and presented him with a token of our appreciation.



Trustee Nominations:

Doug B. (At-large Trustee and Chair of the Board) reviewed the duties of the members of the Board of Directors. It was noted that these individual also serve as Trustees of the General Services Committee (GSC).

In accordance with the Conference Charter, the Areas within each Region make nominations for that region's Regional Trustees. The delegates from that Region, along with any Trustees from that Region, hold a Regional Assembly at which they select a single nominee to put forward to the Conference for nomination. Once the nomination has been approved by the Conference, the Board of Trustees can vote for the nominee's election to the position.

Doug B. led a discussion about the procedure of the Nominating Committee, an advisory committee to the Executive Committee of the Board. It was noted that the procedure discussed has not been the process followed to date. It will be the procedure used to assist the Board and the fellowship with selecting Trustees from this point forward.

Doug received questions and comments from the floor about Trustee Nominations.

This year, the General Service Conference received three nominations for regional trustees. In addition, there was one nomination from the Board to fill an at-large position on the Board.

- **Kevin P.** (Boston, MA) was nominated by the New England Region. His nomination was approved by the General Service Conference by a vote of 50-8.
- **Jeffrey J.** (San Francisco, CA) was nominated by the Pacific Region. His nomination was approved by the General Service Conference by a vote of 61-1.
- **Tanner W.** (Portland, OR) was nominated by the North West Region. His nomination was approved by the General Service Conference by a vote of 56-2.
- **Dale G.** (Los Angeles, CA) was nominated by Doug B (Chair of the Board on behalf of the Board) to fill an At-large Trustee position. His nomination was approved by the General Service Conference by a vote of 60-1.

Discussion on Anonymity:

A discussion was held on the topic of Anonymity.

The Assembly and 2015 General Service Conference adjourned with the Serenity Prayer at 10:27am.

The 2016 General Service Conference will be held in Chicago, Illinois. Please watch the website (www.crystalmeth.org) for updates and announcements.

Communications Conference Committee Report



APPENDICES



APPENDIX A

Financial Report





Not yet in danger of being
close to the seat of perilous
wealth or power

Concept XII

Finance Advisory Committee





Finance Advisory Committee

- Chip E (Chair) -- Philadelphia
- Danny T (Board & GSC Treasurer) – Miami
- Walt W (Secretary) -- Denver
- Will H (GSC Treasurer Emeritus) -- Atlanta
- John T (Board Treasurer Emeritus) – NYC
- Brian G -- Washington
- David H -- NYC
- David M – Minneapolis
- Patrick M – San Francisco

Finance Advisory Committee Purpose

To develop and implement policies and procedures in all matters concerning the finances of Crystal Meth Anonymous, Inc., including ways and means to generate funds necessary for the continued growth of the fellowship, in accordance with our Twelve Traditions and Twelve Concepts.



How does the Finance Advisory Committee carry out its purpose?

Through the following activities:

- Drafts annual CMA budget and advise on budget process
- Financial Filings (IRS, State, etc.)
- Ensuring that receivables are collected in a timely manner
- Ensuring that invoices and other payments are made on a timely manner

Concept XII reminds us that
"sufficient operating funds and reserve be our prudent financial principle"

This means that we can
only do what we can afford,
exercising caution when allocating our limited resources



Proposed 2-Year Objectives For 2014-2015 and 2015-2016

- Build out the Finance section of the crystallmeth.org website
- Provide our financials and other reports in this section of the website
- Show how contributions are used
- Document adopted prudent reserve annual and total goals
- Develop group finance guidelines and create brochure for group / intergroup treasurers
- Make a recommendation for discount for bulk sales
- Develop suggestions to generate more revenue (donations, sales) and work with other advisory committees and GSC to implement selected suggestions (e.g., make recommendations for bulk sales discounts)
- Work with other advisory committees and GSC on developing spending priorities and identifying budget needs (including asset acquisitions -- e.g., medallions)

Liaisons

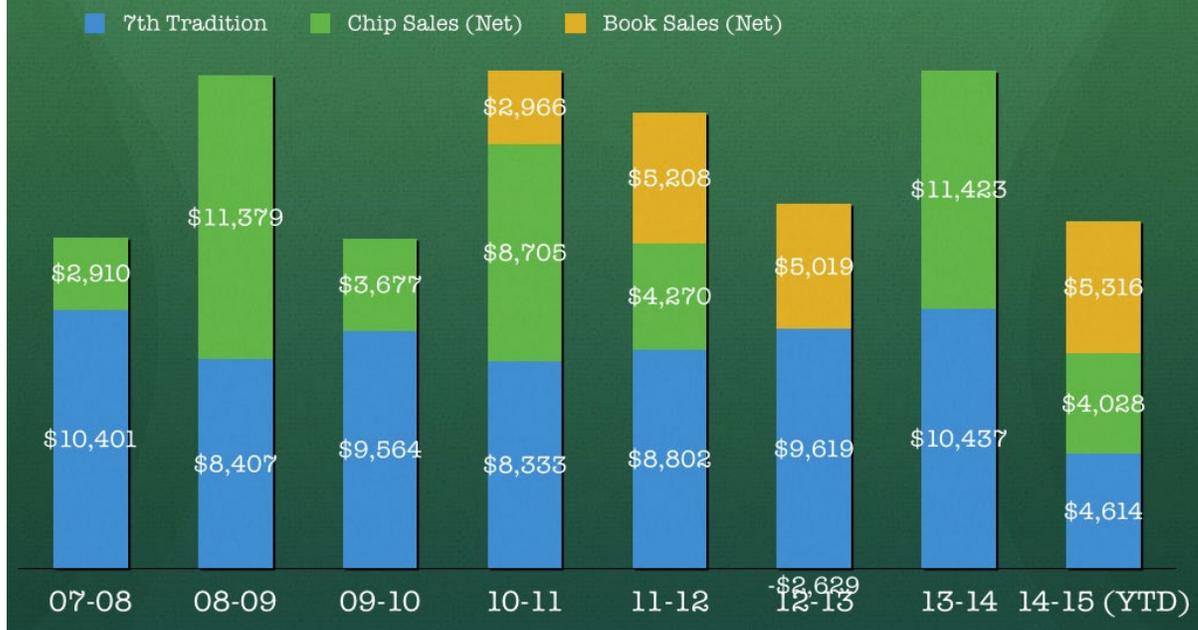
- Communications – Walt W
- Conference – Will H
- Fulfillment – Will H
- H&I -- Open
- Literature – Chip E & David H
- PI&O -- Patrick M



2014-2015 How are we doing?

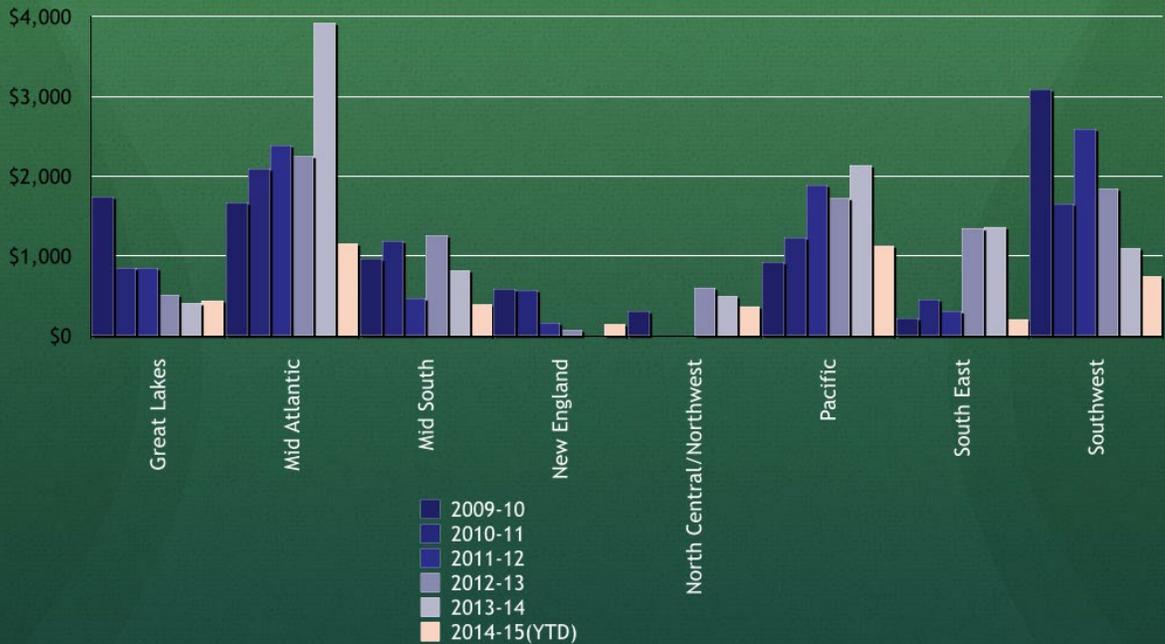
- Our fiscal year-end 2015 runs from July 1, 2014 to June 30, 2015
- Numbers presented are as of December 31, 2014.
- Although this is 6 out of 12 months (or 1/2) into the year, the current year numbers do not include our biggest expenses:
 - General Service Conference
 - Board Meeting

Principal Income Sources





Contributions by Region



Major Expenses





NET INCOME



GENERAL SERVICES PRUDENT RESERVE

CMA Benchmarks

- Last year, the Conference adopted a range for the prudent reserve fund of ten to twelve months of budgeted expenses.
- The annual contribution to the prudent reserve shall not exceed 15% of the operating budget
- With current year budgeted expenses of approximately \$38,000:
 - Our prudent reserve target range is \$31,667-\$38,000.
 - Annual contributions should not exceed \$5,700.



PRUDENT RESERVE



12/31/14 BALANCE SHEET

Prudent Reserve	\$27,159
Cash (Checking/Paypal)	25,646
Inventory (Chips/Meds/Books)	<u>10,650</u>
Total Assets	\$63,455
Liabilities (sales tax/other payables)	<u>761</u>
Net Assets	\$62,694



Travel Budget **Underfunded...**

- Total Travel Budget: \$11,250
 - Conference Trustee Travel Budget: \$5000
 - Annual Meeting Trustee Travel Budget: \$5000
 - Advisory Committee Travel Budget = ZERO

➔ Actual Travel Cost: Approximately \$50,000

Impact of Funding Shortfall

- Trustees either skip meetings or self-pay
- Qualified members decline Trustee roles
- Advisory Committees either do not meet or members self-pay
- Inability to fund PI&O attendance at regional and national events
- Other projects



How can we address funding shortfall?

- By increasing revenues from our principal revenue sources
 - 7th Tradition
 - Book and Chip Sales
- By wisely spending our limited funds -- focusing on necessary expenditures to maintain and grow the Fellowship

Seventh Tradition

Responsibility is a spiritual value

- **Plan** -- Adopt a contribution plan through an informed group conscience tailored to the needs and the means of the group
- **Web Donations** -- Going live with the personal donation and group donation web page
- **Increased individual contribution maximums** -- from \$1,200 to \$3,000 annually and to allow a bequest from member's estate of up to \$5,000
- **Recommended guidelines** -- 20%, 25% or 100% after expenses and prudent reserve depending on number of service structure levels
- **Best Practice** -- make donations on a monthly basis to avoid using funds for other purposes
- **Literature** -- Seventh Tradition pamphlet revision



Book and Chip Sales

- Encourage groups to acquire adequate numbers of copies of Crystal Clear for meeting use
- Encourage members to purchase copies of Crystal Clear for personal use & encourage rehabs to purchase copies for their patients
- Make Crystal Clear available on Amazon and develop Kindle edition
- Purchase authentic CMA chips and medallions from CMA World Services
 - Although each group is autonomous and may buy chips elsewhere, our profit goes back to our fellowship

Finance Advisory Committee

Q&A

Thank you for allowing us
to be of service



Finance Conference Committee

CMA General Services
Conference
March 2015
Los Angeles, California

Finance Conference Committee Participants

- Chip E/ Pennsylvania/Finance Subcommittee Chair
- Clifford M /Arizona/Finance Conference Committee Secretary
- Danny T/ Florida/Board and GSC Treasurer
- Brent G/Nevada
- Brian G/DC
- David S/Georgia
- Dominic/DC
- Christopher M/Chicago
- David M/ Minnesota
- Gregg M/Oregon
- Kenny L/Maryland
- Mary M/Arizona
- Patrick M/California
- Richard M/Colorado



Agenda

- Finance Committee Role and History
- Continue work on fulfilling 2-year objectives of the Finance Advisory Committee by focusing on:
 - Developing group finance guidelines to be documented in a treasurers brochure for all service levels other than GSC
 - Further developing and documenting GSC budgeting process focusing on assisting advisory committees and advising GSC
 - Building Finance Advisory Committee section of www.crystalmeth.org website
 - To the extent time allows, develop suggestions to generate additional revenue

Group finance guidelines to be documented in a treasurers brochure

- The committee decided to narrow the scope of this document to focus on the needs of the group, rather than an all encompassing handbook for all service levels.
- A pamphlet was outlined and drafted



Group finance guidelines to be documented in a treasurers brochure

- Election of a treasurer
- Passing the Basket
- Safe guarding the money
- Disbursement of group funds
- Treasurer's Reports
- Prudent Reserve
- Opening a bank/ EIN
- Insurance
- Additional resources

Develop suggestions to generate additional revenue

- A second book/hardback edition of Crystal Clear
- Amazon/Kindle
- Mini books (Crystal Clear and CMA literature)
- Medallions for 11-20 years,
- Chips for months 4, 5, 7, 8, 10, 11, 13, 14, 15, 16 & 17
- Birthday donations of a penny a day
- Gratitude Month
- Phone app for CMA literature and a CMA day counter
- Daily meditation book
- Selling non-branded t-shirts and general merchandise
- World Convention
- Direct contributions via CMA website (groups & members)



Finance Advisory Committee Action Items

- Continue to develop treasurer pamphlet
- Review revenue generating ideas

Thank for allowing us to be of service

If you wish to participate in all the fun of the exciting world of finance-Please let us know.

Our calls are on the second Sundays at 7:30 p.m.
Eastern Time.



APPENDIX B

2015 CMA GENERAL SERVICE CONFERENCE Los Angeles, California Communications

I. Agenda

08:00am - Call to order

- Agenda Discussion
- GSR Communications Tools/Meeting ID Numbers

10:00am to 10:15am - Break

10:15am to 12:00pm

- Meet with Public Information and Outreach Committee
- Meet with Literature Committee to discuss "12 Steps and How They Work"

12:00pm to 1:30pm – Lunch

1:30pm – Committee Reconvenes

- Web updates/Committee on new content/new graphics
- Discussion about Website Platforms Moving Forward

3:30pm to 3:45pm – Break

3:45pm to 5:30pm – Committee Reconvenes

- Procedure discussion

5:30pm – Adjournment

II. Argument for and against each item discussed

Agenda Discussion

- Review, discussion, and feedback only; no motions made.

GSR Communications Tools/Meeting ID Numbers:

- Review, discussion, and feedback, Motions listed in Decisions Made



- Discussion about communications tools to allow GSR's and Delegates to register via the website. This will allow an accurate and current record of these positions to be kept, in order to facilitate communications to the groups and the Areas.
- This will also include assigning a discrete number to each group so that they can be identified more easily and they can identify their group when making a contribution
- The fellowship as a whole has various levels of service structure and this needs to meet the needs of all areas regardless of structure in place

Meet with PI&O Committee

- Review of current PI&O articles on crystallmeth.org and open discussion on the needs and updates desired. No arguments or motions

Meet with Literature Committee

- Review and Discussion between both groups of "*The Twelve Steps and How They Work.*"
- Is this a reading that is representative of the fellowship
- Should the document be revised or create a new document
- Should the list of drugs be removed
- Requested the Literature Committee to consider updates to their articles on crystallmeth.org

Web Updates/New Content & Graphics/Website Platforms

- Review, discussion, and feedback only; no motions made

Discussion on Procedures

- Review, discussion, and feedback only; no motions made

III. Final Decisions Made

GSR Communication Tool:

- Mike K made a motion to create a downloadable document for someone that is creating a new meeting/GSR to describe the communications process and meeting number assignment. Trish M seconded the motion. Vote 14 Yes and 0 No.
- Mikester S made a motion to create a subcommittee to create the document to be presented to meeting person/GSR – GSR Welcome Packet Working Group. Stoney B seconded the motion. Vote 14 Yes and 0 No.
- Rossi H. makes a motion to create meeting ID numbers for meetings to allow for communication through the fellowship and as a point of registration/online form for the GSR. Stoney Seconds. Vote 14 yes 0 no
- James R. makes motion to create a delegate registration.
- Discussion on whether this is an action that can be created as of now within the conference committee as well.



- Needs to be communicated with the Conference Committee to ensure that this process is approved and passed through GSC
- Motion withdrawn

"The Twelve Steps and How They Work"

- Left the process with the Literature Advisory Committee for them to complete

"The Twelve Traditions"

- Mike K made a motion to place *"The 12 Traditions"* as found in the service manual as a downloadable document on the web under readings. Lisa H Second Vote 12 and 0 No

IV. Minority Reports

There were no minority reports

V. Steps for Further Action

Form workgroup to create GSR document

Create meeting ID Numbers

Add Twelve Traditions as a downloadable document under readings

VI. Minutes

Minutes from the Friday Breakout Session

Crystal Meth Anonymous
General Service Conference
March 6, 2015

Purpose of the communications advisory committee read.

Serenity Prayer

Roll Call 3/6/15 8:00 AM

Rick L.
Ross H.
Mikester S.
Jon M.
Frank G.
Lisa H.
Rossi H.
Dale G.
Walt W.
James R.
Mike K.
Zach JS.
Stoney B.
Trish M.



Discussion of Agenda

Question about the process of our involvement with the document "*The Twelve Steps and How They Work*" with the literature committee.

Explanation that it lives as only a web document now, and it is hoped that it will be on The Literature Committees agenda.

GSR Communication Tools/Meeting ID Numbers

Present option to disseminate communication to the GSR of the fellowship by providing them with a number that allows the GSR to register with the fellowship to allow them to become the point of contact for the group that they are registered with. Also giving each group a unique number as an identifier.

Allow for a social network to serve as a discussion board for the fellowship, it was created in 07-09 and still exist but has been turned off.

Can we go through the GSR coordinator for each area?

This can work when there is this structure, but some areas have only one or few meetings.

Idea of sending an email out yearly to GSR to make certain of updated contacts.

The fellowship as a whole has various levels of service structure, and we want to be of service to the fellowship no matter the structure in place.

Possibly create a GSR Handbook - one page of instructions to allow for a seamless transition for GSRs in individual groups, links to documents
Each group/meeting having an ID number

Option of having GSR and any other GSR coordinator in Areas/Districts listed as contact

Concerning how the GSR is updated, maintaining anonymity with in the process,

Show date last updated

Making the Area rep a point of confirmation

Changes made would go to area registrar

Making the meeting list from world in a XML/Ical format to allow it to disseminate to the whole fellowship

GSR Handbook and GSR information sheet that provides:

What is a GSR

Links to lit

How to be involved with fellowship

Service Manual

Do we communicate to all GSRs or only GSRs that do not have a service structure above them in their area?



Invite all GSRs to register, but if the district wants to have all communication to go through the GSR rep, then that can be an option allowing them to communicate through the area/district
Having the district/area rep be point of communication so that they can be the registrar to update information i.e.. emails, group contact,...
Is there a system to allow for areas/districts to verify that GSR updates for groups are correct?
Allowing for area/district rep to have ability to view update/current list
How do we roll out this information

What we can do right now:

Communicate with the Delegates/trustees to communicate with their areas to invite GSRs to gain contact with World structure
Discussion of service structure on Area/District area concerning DCM/GSR

Summary:

Create a GSR packet displaying concepts for starting a meeting and a guide as to what is a GSR.
Create a GSR online registration form
Allowing for an area/district contact as well
Create a Meeting ID for each group/meeting
Registration for Delegates with in the Communications Committee in conjunction with the Conference Committee

Mike K. makes a motion to create a packet that is downloadable for the person that is creating their meeting/GSR

Trish M. Seconds Motion

James makes friendly amendment, two documents created, one that is pushed to the person/GSR creating the meeting and also a second document that is downloadable

Mike accepts amendment

Vote- 14 yes - 0 no

Mikester S. makes a motion to create a subcommittee to create the documents to be presented to GSR/meeting created, GSR Welcome Packet Working Group

Stoney B seconds

Vote 14 yes 0 no

Discussion on how to code meetings:

breaking them down by country, area, district?

Rossi H. makes a motion to create meeting ID numbers for meetings to allow for communication through the fellowship and as a point of registration/online form for the GSR.

Stoney Seconds

Vote 14 yes 0 no

James R. makes motion to create a delegate registration.

Discussion on whether this is an action that can be created as of now within the conference committee as well.

Needs to be communicated with the Conference Committee to ensure that



this process is approved and passed through GSC

10:00 Break

10:15 Return

Joint meeting with PI&O

It is part of the Communications committee to assist the PI&O to facilitate their needs.

A test site has been created with the desired changes that have been brought to our committee.

Discussion of the test site

Provided links for better flow of information

On the PI&O landing page, what is wanted here?

Make this self-directed, to allow for the viewer to pick what info is viewed.

It is recognized that this page is overload

For now they would like to remove the current doc and replace with revised entry that is more streamlined with the actual purpose and directives of PI&O

Definitely want the 2 PSAs to appear on the site.

The system of links allowing for choice in info is liked

Communication committee requested the information that they wish to update, links, categories of professionals that are being addressed on the site.

PI&O is working on clarifying what documents are to be used, and editing the documents as a whole to create a consistency.

On the "Get Help" page, no need for address listed twice

Change number listing to be the actual number and then the number with 855 Meth Free - remove the word " (Helpline) " from the page so that it does not appear that this is the number

Show 3 options 1) call hotline 2) send mail 3) send email

Link 'for friends or family'

correct grammatical error in second sentence under email

Check the sentence structure

It was requested that any edits be directed to communications committee

On Home Page for PI&O, create icon link for hotline

Meeting with Literature - Re: "The Twelve Steps and How They Work"

Suggestion was made that the document was not representative of the fellowship

Edits were made by communications at 2014 conference

This document was originally adapted from a NA document, and edited in 2005 by members of the fellowship without going through approval process, leaving it in the hands of Communications. For this reason it is being brought up.



Discussion of proposed edits directed from Communications

Suggestion of changing the line "since we are people with an addiction to crystal meth.." to change it to just be a point made towards "people with a disease of addiction.."

Should we make revisions, or should we create a new document?

Could we have both?

Should the list of drugs be removed? Currently the list seems random and most people don't know what poppers are.

If we don't then what will be included? There is an approved statement that we use that talks about "all mind altering substances"

Is there a space in between to many and none that works?

Should we focus on creating an outline/bullet points of what the final document should address? Literature committee could create this and share it with Communications.

First paragraph

How we do it or don't do it

Other drugs

Spiritual summation

Include sponsorship as a topic

We can create a new writing that is our own as a fellowship

Caution brought to the rewriting this document without confirmation from general assembly.

Should this be brought up to the assembly? It was noted that it was brought to the assembly last year that we might be changing it and there weren't any comments.

Ask for opinion of assembly before spending time on writing the new doc that currently holds importance to the fellowship.

Discussion that the 12 traditions is not a conference approved document

Communications asks that Literature provide us with information they want to have on their webpage

Return from Lunch 1:30

Recap from meeting with PI&O

PI&O is still working on what will be implemented, but very open to the reformatting we have begun.

Recap from meeting with Literature

We handed over the 12 Steps and How They Work to Literature to process it

Both the Literature committee and an individual from the fellowship are also working on a GSR pamphlet.

What is our purpose and approach to this that differs from theirs?

The document that is pushed to the GSR can be the document

Communications creates and the document created by literature can be the linked, but use the language from the service manual until this is created



How do we share documents created by an Area with other Areas and Districts?

Literature is always open to receiving these, as many of the approved documents we use originate from different areas.

Often areas are able to produce lit faster than the world service structure and this can be of a benefit to the fellowship as a whole. The world structure will reformat to serve the whole.

Do we have permission to take the traditions from the service manual and make then a downloadable version for the fellowship?

The reason this has not been done...when it is brought up it has been suggested that there might be a desire to rework the traditions.

We do have the option to do put the traditions on the webpage.

Mike K makes a motion to place The Traditions, as found in the service manual, as an available download on the webpage.

Lisa H seconds

Vote 13 - yes, 0 - no

Do we need to link/note the AA original traditions? Yes.

New Content Working Group - Updating and refining the website

Great opportunity to approach PI&O and use this approach with other committees

Continue to utilize the our committee liaisons to gather information from committees. It is important to treat the other committees as a client.

Liaisons will need to return the data they find to the working group to utilize the abilities of the committee

Committee Liaisons -

Dale - GSC

Rossi - Chair

Trish - PI&O

???Bryan F - Literature - need to get his okay on this - maybe Ross H

Zach - H&I

Walt- Finance

Stoney- Conference (taking this over from Walt)

Rossi- Communications

Ross H and Mikester offer their time to assist in doing updates.

Going forward changes found necessary during the new content call, will be made on the test site before migrating it to the actual page after the monthly communication call.

Each liaison will have access to the section of the webpage they are responsible for to make the changes found in new content call.

Finance -

They will be developing tech for 7th contribution

Sustaining membership ideas

birthday contributions.

They want to improve their transparency to the fellowship.

how many is used



where it is coming from
using the new meeting ID system
Jon M will work with them to assist this process
This will be discussed on next month's call
Training/shared responsibilities possibilities down the road
Having someone cross trained on Eventbrite
Someone trained on running the store

Website Platforms

Joomla is the platform we currently use for the webpage and the overall style of the page is drawn from a template.
if the template is changed the whole style of the page changes.
The template currently in use is not supported by the company who created it. We need to either move to a new template or move to a different system
Joomla templates are either free or affordable. If we do choose to take the route of a new template, we need to be certain that it is supported and has security features. If we choose to migrate to a different style server it would require a large amount of work.
Other options are out there such as WordPress

Break at 3:30
Return at 4:00

Policies and Procedures

(The following was the beginning of a structure for creation of Procedures for the Communications advisory committee)

We need to set how we operate so that we can have continuous care of the committee below are areas that need to be worked out.

How we operate

- Communication Advisory Committee positions and duties
- Chair
- Lead meeting
- Facilitate voting
- Maintain agenda
- Send agenda
- Sits on working groups
- Nomination process occurs on even number years following the conference
- Nomination is taken to the board for ultimate approval
- 2 year term
- Co-Chair
- Election occurs at the same time of Chair
- Not required to receive board approval
- Requires simple majority
- Fill in for Chair in their absence
- Secretary
- Election occurs at the same time of Chair
- Not required to receive board approval
- Requires simple majority
- Send out minutes following call



- Sends out notices for call
- Maintains contact list for committee members
- Keeping minutes of call
- Gain approval of minutes at following call
- Keeps records of minutes both by sending to GSC secretary and placing in correct file on Google Docs
- Registrars
- Web Master
- Document Control
- Request Updates Keeper
- Liaisons
- Working Groups -
 - Has a defined purpose or goal with a specified leader
 - Reports back to the committee monthly
 - once completion is absolved
 - do we vote, group chair
- Phone Calls
 - When does notice go out
 - follow up reminder the week before and the day before, also text reminders
 - When does the agenda go out - One week before call
 - when do minutes come back
 - who maintains the list
 - who sets the calls
 - attendees are expected to accept the invite

Open discussion/Ideas for websites

Speaker tapes available online

Would need releases from speaker

iPhone capability, iPhone App

Joomla 3.0 will help with this

iPhone App

literature

speaker recording

meeting directory

sobriety date countdown - send birthday alert to user

online meeting

Online meeting

link to current online CMA meeting on page

Appeal - Do you live in a remote location? We have online meetings.

Stoney, Mikester, Mike, Ross, Rick, James, Jon will be meeting with Dale to learn back-end of webpage during a working lunch on 3/7/15.

Serenity Prayer

end session

Literature Conference Committee Report



APPENDIX C

2015 CMA GENERAL SERVICE CONFERENCE Los Angeles, California Literature Conference Committee

I. AGENDA

08:00 - Call to order

- Review of two year goals and responsibilities
- Up-date on French and Spanish translations
- Review of "There is Hope"

10:00 to 10:15 – Break

10:15 to 12:00 – Committee Reconvenes

- Meet with Communications subcommittee to discuss "12 Steps and How They Work"
- Review of interim approval for "Sober Toolkit" and "Experiences of the Fellowship"
- Amendments to Conference Approved Literature

12:00 to 13:30 – Lunch

13:30 – Committee Reconvenes

- Meet with PI&O Subcommittee to discuss Anonymity workshop
- New book topics and submissions & restart "Sex in Sobriety" discussion

15:30 to 15:45 – Break

15:45 to 17:30 - Committee Reconvenes

- Literature production guidelines
- GSR Pamphlet
- Long version of the 12 Traditions
- Review of the text to be placed on literature to designate interim or conference approval for literature.

17:30 – Adjournment

II. Argument For and Against Each Agenda Item Discussed



- Review of two-year goals and committee responsibilities: Review, discussion, and feedback only; no motions made.
- Up-date on French and Spanish translations: Review, discussion, and feedback only; no motions made.
- Review of "There is Hope": Review, discussion, and feedback only; no motions made. Reading remains Interim Approved at this time.
- Review of interim approval for "Sober Toolkit" and "Experiences of the Fellowship": Review, discussion, and feedback only; no motions made.
- Amendments to Conference Approved Literature: Review, discussion, and feedback only; no motions made.
- Communications and Literature subcommittees joint discussion of "12 Steps and How They Work": Review, discussion, and feedback only; no motions made.
- Literature and PI&O Subcommittees discussion of Anonymity workshop: Review, discussion, and feedback only; no motions made.
- New book topics and submissions & restart "Sex in Sobriety" discussion: Review, discussion, and feedback only; no motions made.
- Literature Production Guidelines: Review, discussion, and feedback only; no motions made.
- GSR Pamphlet: Review, discussion, and feedback only; no motions made.
- Long version of the 12 Traditions: Review, discussion, and feedback only; no motions made.
- Review of the text to be placed on literature to designate interim or conference approval for literature: Discussion and feedback regarding wording of interim approval at the end of publications. Motion to accept Interim statement passed 14-0. Discussion and feedback regarding conference approval wording currently at end of literature. Motion to accept statement passed 14-0.

III. Final Decisions Made

- French and Spanish Translations: French and Spanish translations of "Are You a Tweaker" complete and approved. Continuing translations however no new translations are ready for review at this time.
- Review of "There is Hope": Literature reviewed, feedback to be submitted to author for consideration in potential rewrite.
- Review of interim approval for "Sober Toolkit" and "Experiences of the Fellowship": Delegate packet to be reworked to present publications to Fellowship for feedback.
- Amendments to Conference Approved Literature: Wording of the pamphlet "What is the &th Tradition?" discussed and edits proposed. Will be made available to the GSC for Conference approval.
- New book topics and submissions & restart "Sex in Sobriety" discussion: decisions to present the following to the fellowship for work in the upcoming year.



- New CMA Book: "Sex and Sobriety"
- New CMA Book: "Overcoming Obstacles in Sobriety"
- Rework the "Twelve Steps and How They Work"
- GSR Pamphlet: Literature committee to begin work on a GSR pamphlet addressing position of GSR and the GSR's position within the fellowship.

IV. Minority Reports

There were no minority reports

V. Steps for Further Action

- French and Spanish literature is still a work in progress. Are you a Tweaker is complete and other translations are in process.
- New CMA Book: "Sex and Sobriety": committee will seek submissions from the fellowship.
- New CMA Book: "Overcoming Obstacles in Sobriety" committee will seek submissions from the fellowship
- Rework the "Twelve Steps and How They Work": action item for the next year.
- Review of "There is Hope": review and submit to author for possible rewrite in coming year.

VI. Minutes from the Friday Breakout Session

2015 CMA General Service Committee
Literature Advisory Committee Breakout Session

08:00am- Meeting Convenes

Welcome -

Aaron introduces and welcomes all. Aaron encourages everyone to get onto the literature call monthly to help with this committee. The call is important, if members cannot access the call contact Aaron and let him know. Literature may be moved to the Google drive. We will have two other committees meeting with us this afternoon. Communications committee will come present some information. After Lunch we will meet with PI&O to go over the Anonymity workshop and provide input. Questions? No

1. Introductions of all members present with service commitments
2. Everyone is given access to the Google drive
3. Please note the criteria for creating literature (CMA World).
4. Literature come up with a set of goals

Brief Review of two-year goals and committee responsibilities



- Reiterates everyone to participate with writing for literature. Get in touch with other members and get help writing if you aren't comfortable writing your story yourself.
- Solicit literature submissions from members
- Cooperate with other committees
- Increase revenue for fellowship: new book to help generate income
- Create standing sub committees to work on special projects which are then presented to committee
- Get a core group of people for the literature committee, core will be those who are actively participating
- Ask members to commit to participation on the call every month
- Update committee literature files and versions on the Google Drive. Transparency and easy access for all files
- Create a streamlined editing process, this has improved due to the reduction of groups to do initial edit
- Review and clarify committee procedures
- Member suggests a named chair for the sub-committee because it makes it easier to get the work done.
- Member agrees a point of contact is a great idea
- Member states usually somebody is assigned to this, committee members are typically published
- Member suggests the calls keep updated lists of members and chairs
- Member suggests using a simple roster to designate members working on that project. On monthly full committee calls maybe not necessary, however for specific projects keep it small and keep ownership with that group. Let's be more intentional and overt in the individual projects.
- Member suggest sub-committee chair makes the pre-conference invitations
- Member agrees that this is a good idea, to verify continuity and core members of these sub-committees. To reduce changes in flow and intent of projects
- Member shares that an important aspect of the main Literature call will reduce project information leaving the details to the sub-committee and leave the main call for higher lever review. Keep the main committee calls to a shorter time.
- Member responds that this idea is good, the drive will provide the date real time for review and to add comments to the literature prior to the call for review for the subcommittee
- Member suggests more process at monthly calls instead of editing. Less time in editing on the main call and less time on editing. Historically too much time was spent on the editing "hyperfocused". There has been some progress.
- Member suggests much more efficient to read the texts prior to meeting and markup real-time on the Google Drive and then members can see to information and be prepared.



- Member agrees that this real-time data is important and is in the works. Possible solution in a month or so. Literature has a lot of data in the drive currently and the plan is to create a drive with only recent versions and ability to add updates.
- Member suggests that this is a gargantuan task and that has extended the timeline. Send out emails prior to calls letting members know which version is in process for the next call to streamline call process
- Member share reason why the editing is done in the regular call. Ponderous but it works because there was a need for all voices in the process. Use it or lose it, if member misses the call or editing, they lose their voice.
- Member shares less time on calls with minutia on calls, difficult to manage but potential changes should resolve some of that.
- Member shares it is ok to have editing sessions, however if a member fails to attend, then they lose their voice and cannot come back later to re-edit
- Member shares experience spending hour on "one word"
- Member shares this is a "spiritual non-linear process" intention is to move forward and be organized, it is important to make sure all members have a voice while ensuring the structure remains in place
- Questions? None

Purpose of Advisory Committee read aloud (Appendix B)

- Member suggests when considering topics for new literature we need to review what we have and what the fellowship is indicating what they need. Often we create because we cannot because the fellowship needs it
- Member indicates he agrees and there will be more action regarding that.

Update on French and Spanish translations

- One reading "Are You a Tweaker" already translated! Need more
- Need for Spanish language translations, fitful start. Some work done online already. Subcommittee was set up and the process has begun. Literature is not yet ready for review. Members from Spanish speaking communities are already working on it. Suggesting there is a Spanish speaking CMA meeting to use the literature real-time. Sub-committee is completely autonomous and the hope is we will have text to be able to vet and then post on website and distribute to the Spanish-speaking newcomer so that it is available to them. Set up a Spanish-speaking meeting in the San Joaquin Valley, maybe San Fran. This is possibly similar in Montreal, translating into French. At some point all translation to be vetted and conference approved
- Member suggests we already have a process, are we suggesting something new?
- Member indicates no, this is an update to share the current process, to attempt a translation that is as accurate as possible. Instead of back translating initially, test it in the meeting. Discussed American Spanish?
- Member suggests once this is done and we are confident that the versions



are accurate and vetted we can produce it and send it through the process to literature committee approval.

- Member asks for clarification...will it already be conference approved and just translated? Yes so essentially this is simply translation of already approved literature. Currently working on readings
- Member suggests having pamphlets is not a priority

Questions?

- Member asks if everyone understands the interim approval vs. conference approval. Discussed
- Member suggested that there be some sort of process to indicate literature that is conference approved vs interim approved perhaps with a watermark and/or notation at the bottom of the literature. Also suggested information on website and document explaining what interim approval means. We will discuss this in the future on GSC calls, possibly address that with communications committee
- Member asks can this be brought to a consensus right now.
- Member can create something for submission asap... possibly by this afternoon if committee is agreeable. Just an interim blurb to place on interim approved in order to assist in fellowship understanding of the literature process. Reduces the fellowship pushback. Will eventually create easier understanding across the fellowship
- Member suggests possibly reviewing this later in the day if there is time
- Member agrees that this could be addressed immediately
- Member suggests that there is already a watermark on "Are You a Tweaker?" with conference approved at the bottom
- Section on website explain GSO approved reading, this would be a great place to explain interim readings and then add the interim stamp at the bottom of the document
- Member suggests communications need to be involved due to space requirements
- Table until later in the day
- French translations: One small change needs to be made, on all pamphlets with the 12 steps, 5th word at the end of the sentence of the first step needs to be "la" instead of "le"....

Review of "There is Hope"

- Member suggests this reading is clunky and does not read well.
- "There is Hope" is read out loud as currently written to the committee.

"There is Hope"

When we came to CMA we found other crystal meth addicts who had recovered from a seemingly hopeless state of mind, body and spirit. They introduced us to the possibility of a life without crystal meth and



by embracing a program of action, we found that we were able to fill that life with purpose.

Through the steps, we surrendered our will to the idea that those around us had solved their problem and could help us get better. We opened ourselves up to a new way of thinking in which we could stop lying to ourselves and we allowed our own conception of a higher power to enter into our lives. We became willing to make the admission to another addict about our wrongs and offered up our character defects to be removed.

We cleaned up the wreckage from the tornado that was our old life and we embarked on a new course in which our ego was reduced and love replaced our selfishness.

The truth of our new lives is that we can handle difficulties that used to convince us to use crystal meth. We can now help others in ways that we could never do for ourselves before CMA. By finding a spiritual basis on which to live we can be part of miracles everyday that are happening all around us. We can be whole and happy and we can pass hope and our common solution on to the next addict who is suffering without a way out.

- Member suggests different readings have different purposes, there should be a purpose for every reading. Initial readings are to help the new comer understand the process of the meeting and/or CMA other readings are for closing the meeting. What is the purpose of this reading??
- Member suggests this should be rewritten
- Member suggests this is very reminiscent of "What is CMA?"
- Member asks about what other closings there are "Today I Can" and "I Can Stay Sober", Is that being used?? YES, then why have it? If someone spends the time to write something they should have another chance to rewrite or modify to ensure a clear message.
- Member suggests if it is titled "There is Hope" then it should talk about hope
- Member indicates there is only one mention of hope.
- Member suggests that this instead is a 12 step essay/mission statement
- Member suggests last sentence is great but this feels like a great rough draft
- Member suggests removed from interim approval, recommend to GSC
- Member suggests speaking to the author prior to requesting removal from interim approval
- Member suggests give the author the feedback received in this meeting
- Member agrees

Questions? Comments?

- Member points out the bottom of the reading has "interim approved" on the doc, do they all have this?
- Member responds this is the only interim approved reading.



- Member suggests that there is some sort of roadblock to get potential literature in from of the fellowship as a whole. Concern that things are at a higher level of finish, can we work out a work in process to present these items to the fellowship earlier to get real-time feedback??
- Member responds that this is in the works, anticipates more in the near future, 7th tradition updates etc, 4 potential interim approved in the works
- Member shares that there were circumstances that slowed down the process
- Member shares that this committee has been through some growing pains and since then the process has improved. 2nd issue is that as the committee became aware of the work lag, some items were not even ready for GSC approval which tenured the relationship with the GSC and the Lit committee, this Lit committee should own the process and get to submitting to the GSC asap.
- Member suggests we may have 6 writing ready for GSC approval by the next call
- Member suggests we should discuss the goal to have a pamphlet rack to hold 30 pamphlets? Does not see the need
- Member responds, this will be discussed later in the day.
- Member shares trying to get Crystal Clear into print on demand by Amazon, worldwide, same profit margin. Problem is that the title should include Crystal Meth Anonymous
- Member suggests AA has Alcoholics anonymous in the title
- Member suggests that keyword searches work well as long as tagging is accurate
- Member researches the Crystal Clear search online to see if the book is locatable using Crystal Meth Anonymous. If the search is performed currently Crystal Clear comes up

Review of Interim Approval for "*Sober Tool Kit*" and "*Experiences of the Fellowship*"

Sober Tool Kit

Edits: Page 10: Prayer and Meditation:

- Original: We learned to meditate, we created moments of calm in our lives instead of reacting to our emotional turmoil.
- Remove comma add dash between meditate and we.
- Member suggests we read aloud for review.
- Reading is read
- Discusses the word sound in the opening paragraph, changed to "sounds" with an s.
- Reading is continued

Comments?



- Member questions the use of the word "and" in the Service paragraph.
- Members share this is acceptable and has been discussed extensively
- This document will be presented to the GSC
- Discussed the reasons for the document
- Member shares that this document has been in process for almost 10 years
- Member shares that although we are mandated to produce literature, we should not submit it to early
- Member questions how to make new documents to the fellowship for responses?
- Member responds there is not currently a good mechanism for good feedback at the fellowship level. Literature is put out and after the appropriate time range it is approved sans negative feedback
- Member shares that there is a concern that there is not enough feedback from delegates being received at the GSC level. Potential for this to be discussed in the assembly. More direction for the delegates to assist with disseminating information and encourage participation in the committee calls and GSC calls. Colorado has an agenda item that requires a report from the delegate or other world level participants to share at district and area meetings providing more information to the fellowship
- Member suggests that the reminder of this need to ensure this is reinforced
- Member responds that California has a robust service structure. That the delegate is tasked with bringing the opinions of the fellowship to the GSC. One concern is there is less conversation and have incorrectly moved towards the delegate as a decision maker only. Suggests that the packet be reworked to provide delegates the information they need to communicate to the fellowship for feedback to encourage conversation at the assembly rather than simple participation. Also suggests that the Literature committee should communicate what they need to the delegates more clearly so the fellowship is more robustly represented. This might be best addressed in the delegate packet?
- Member responds that he agrees.
- Member indicates he is trying to edit the delegate packet to include a list of items for the delegate to address with the fellowship prior to the GSC. This may be flexible due to the service structure of the specific areas
- Member points out that this is a good idea but not to have expectations. Hate to put things into place and not have any response.
- Member reminds committee, after interim approval, prior to conference approval, delegates should get feedback. Put fellowship on notice that it is up for approval
- Member shares he is not suggesting a change, simply to use the vision of increased feedback. This is difficult when the issues and needs are not clearly defined in the delegate packet. We should also take our



priorities from the direction of the fellowship. Only receives requests for information about one piece of literature currently.

10:06 – 15 Minute Break

10:26 Committee reconvenes

Amendments to Conference Approved Literature "*What is The Seventh Tradition*"

- Concern that the current pamphlet achieves fellowship goals. The pamphlet has been edited. Concerns about modifying conference approved literature. Process will be that once committee feels comfortable with the edits it will be presented to conference for interim approval and then, if approved, it will be placed on the website and the old pamphlet will be taken down. Members are asked to review the current version and the new version. Redlining the original was not possible due to the amount of information that was rewritten.
- New Version was read aloud by the committee
- Member asks what the intended audience is for this pamphlet? Is this intended for the fellowship as a whole?
- Member responds that yes this was a request from the finance committee to meet the needs and update antiquated information
- Member proposes edit suggestion. Under integrity and autonomy change the word "into" to the word "to" at the end of the paragraph.
- Member proposes that in the paragraph "How much is enough", replace the word "space" with the word "place" in the second paragraph.
- Last sentence of the second paragraph in Why not accept outside contributions add the word "By" to the sentence changing it to "By keeping our fellowship....."
- Discussion regarding the paragraph titled "Why give to the GSO?"... concerns presented about the using of GSO as an outdated term due to the changes from World to GSC?
- Member suggests making it clear that donation can be made to local service structures as well as other levels of service structures.
- Member suggests that GS Conference and GS Committee does not communicate the reach of the contributions
- Member refers to the Service Manual and it states Crystal Meth Anonymous incorporated"
 - In 2002, the IRS extended tax exempt status to Crystal Meth Anonymous, Inc., as a 501(c)3 public benefit corporation. With the recognition of CMA's non-profit status, the original general services group in Los Angeles began seeking ways to open the collective voice of the fellowship to participation from groups worldwide. An advisory committee formed (the "Structural Reorganization Committee") to study the service structures of other fellowships, contact groups



around the country for their input, and eventually propose that CMA's bylaws be changed and a new service structure be developed.

- Discussion tabled until there is further information available.
- Discussion about space and place vs. space. Changed first sentence "place" to space and leave the alone
- Discussion in the paragraph "How Much..." reference to GSO in the second paragraph. Suggest "CMA as a whole".
- Tabled for verification of the correct term to be used to define world services currently.
- Reconvened: verified that GSO is in the bylaws and it is recommended to use an alternate name.
- Member suggests that this is difficult to combine the pamphlet to the fellowship members, and the information that is presented to GSRs.
- Member points out that the GSC is essentially the committee that is supported because the GSC is who manages the money. Update to continue throughout the pamphlet.
- Member suggests that the last sentence of the second paragraph of "How Much..." end with " the General Service Committee (GSC).
- Discussion and edit in the paragraph "Why Give to the GSO?" edit to "Why Give to the General Service Committee (GSO)?"
- Discussion regarding the "difficulty to combine the pamphlet to the fellowship members, and the information that is presented to GSRs." presented earlier.
- Member shares that at their meetings they actually took a separate collection for their district.
- Member suggests that perhaps meeting may not manage funds as suggested. Suggests that better information or suggestions for GSRs. Explain in detail to GSR the needs and ways to handle the funds.
- Member shares concern that pamphlets only go to newcomers
- Member shares that not only newcomers will pick this up but that perhaps there needs to be another publication that goes into this more detailed
- Member shares that this general pamphlet speaks to the greater community to present the greater good. Suggests that this go forward and other literature be explored later as it is important to replace the outdated version
- Member points out that the newcomer just puts the money in the basket initially but as they grow in sobriety and begin to be of service it gives them the information to advocate for CMA as a whole.
- Member agrees that this is a good pamphlet but would like to add more detailed information
- Member agreed with prior members suggesting that the a heading/ paragraph be added to the pamphlet with the role of the GSR in the area of the seventh tradition.
- Member shares that the overall financial of the GSC is released each year



in the conference report. GSRs can use this to present to fellowships to educate.

- Member refers to the part "Integrity and Autonomy"....3rd paragraph, 4th sentence remove statement "Whenever we can".
- Everyone feels good about this and it will be presented

Meet with Communications re: "The Twelve Steps and How They Work"

Background: sent to committee a year ago, question that the way this literature read was clunky and difficult to read. Some work has been done on this already and it is presented to committee.

In 2005 this literature was edited to make it less Narcotics Anonymous related, never approved just released. Over time people have questioned this literature. The intention now is to work on this and make it more readable.

Communications committee began working on this a year ago and is now presenting this to Literature committee.

Discussion by communications committee regarding the changes

- First line in the post section after the steps....CMA cannot promise health and prosperity, this was removed. Next paragraph, one day at a time removed.
- Member requests that the literature be read out loud sans 12 step portion.
- Discussion about the use of "since we are people with an addiction to crystal meth" suggested to remove "crystal meth" due to the disease of addiction being sufficient.
- Member suggests that this still worded like N.A.'s How it Works. Why would we not rewrite this as we did with Today I Can (reference to Just for Today)
- Member responds that this was an attempt to remediate current issues not rewrite but agrees that a rewrite is definitely an option. Suggests that this literature is edited and a rewrite done later.
- Member poses that without giving up our singleness of purpose we recognize that there are other substances that will result in a relapse. Points out those that do not consider poppers, alcohol, or poppers to be "drugs", Suggests we lose effectiveness by failing to mention the individual variety of drugs.,
- Member suggests that when would this stop? We would have to update this constantly.
- Member suggests "any drugs" is sufficient
- Member reminds that we are representing CMA as a whole, not just one subset of the community
- Member asks if we are looking for conference approval? The purpose of this is to prevent constant change in meetings
- Member suggests that committee make a framework and or some bullet points and flesh it out then resubmit to communications committee. Table to be discussed later in the day. Requests a bullet point list from committees of items that need to be addressed in the literature. Example: do we specify which drugs to avoid? Or do we say any mind altering drugs?



- Response, what do we use when we speak in a general way? We already have language we use currently.
- Response this is really important and we should address this because of feedback from the fellowship. Communications committee needs something to be placed on the website.
- Response, these groups should decide on action items (bullet points).
- Member points out it is tired to continue to use old repurposed NA stuff, we should write out own
- Communications committee points out they do not have a conference approved version of the 12 Traditions.
- Member asks for clarification
- The communications committee does not have a conference approved reading
- Member shares experience creating banners, and the versions on the web, and in other publications. Differences in punctuation and sentence structure
- Member reiterates agreement with creating a list of items we need to address. Historically ...
- Member shares that he was wanting a closing reading for a meeting, applied the concepts and principles he wished to convey
- Member shares that Today I can was written specifically for a meeting and how that process occurred. Agrees on a rewrite of the pre and post paragraphs for the literature,
- Member asks for committee feeling about a complete rewrite of this literature minus the steps.
- Member asks about the comments received by the communication committee In reference to other literature
- Response, not much feedback
- Member proposes literature committee be cautious, is this the will of the fellowship as a whole??
- Present at Assembly the desire to change this and then Proceed?
- Member reminds us that we want to go towards our own writings
- A version of this was presented to assembly last year and met with approving response
- Member points out the current version have always bothered him, why has this reading not been reworked??
- Member agrees that we get comfortable and complacent and we should stop using other fellowship's data.
- Member suggests we get approval at assembly first.
- Response that we do not need to do that based upon the earlier responses
- Member points out that we have the opportunity to write out own literature because we are starting to grow up.
- Member suggests we go forward, write something new, and go through the process.
- Member suggests that reference to sponsorship be included in reading



- Member shares prior discussion about asking the fellowship at the conference to verify their priorities for the literature committee. Nervous without fellowship not approving this
- Response this literature has not ever been approved
- Response nervous that concern is not enough resources to take this on if it is not a committee priority
- Member points out that literature committee should present that this is something we are willing to take on if the fellowship agrees it is a priority
- Member points out, presenting it to the fellowship is hinged upon the wording.
- Member points out a no answer is a non-issue.
- Member suggests that a set of changes should be presented like the list of bullet points
- Member points out that we are presenting other things to the fellowship later today and this can be included
- Member suggests giving reasons for the change. Newcomers first exposure to the literature. Most commonly read literature especially
- Member agrees, shares experience with newcomers recidivism due to the similarity to other fellowships
- Member points out the difficulty for the newcomer to do 90 in 90
- Member asks what the decision is. Do we present now for prior approval, or literature to rewrite and present later.
- Member points out this has already been done
- Member suggests sharing this as one of our action items for the coming year
- Member shares that the presentation to the fellowship as a project for the next year and allowing them to provide feedback if they desire to.
- Communication brought this up because it is on the webpage
- Member asks the communications committee if we are working on this alone or in collusion with communication.
- Member responds that literature is the owner and the web page should be looked at and suggesting to edits to our page be submitted.
- Member suggests this should be submitted through the liaison
- Agenda point concerns for literature and communications website
- Member is concerned about how they hear from the fellowship and how to open that to get the information to the literature committee
- Member was originally forwarded communications from the website, is this line of communication still open.

12:00pm – Lunch

1:35pm – Committee Returns from lunch



Meet with PI&O re: Anonymity Workshop

- PI&O Member: Topic is the anonymity workshop
- PI&O Member: Essentially PI&O was tasked with defining anonymity for CMA
- PI&O Member: Paused and became unsure if they were on the right track
- Member: Have invited Literature to help determine best practices and procedures to facilitate this project
- Member: Will get input and the present to the fellowship to determine if they are on the right path
- Member: Open to questions: none at this time
- Member: As a result of not being sure of future direction the draft provided is simply a draft and is open to edits etc.
- History: PI&O produced a service announcement in years past, fellowship did not appreciate it so the PI&O decided to create a workshop dealing with the topic of anonymity. Open to discussion
- Purpose statement for the workshop is read aloud to those present
- Importance of anonymity read aloud to attendees
- Discussion about the creation of this document and the intent of this meeting
- Is this document intended to be the workshop materials?
- Member suggests that it is important to remember that this was based upon a request by the fellowship for clarity. Proposes committee does not look at the presentation of the product rather the intention of the product
- Member responds that the request is not for rewriting of the document but help in developing the questions that need to be answered when discussing or present the concept of anonymity
- More of the document is read aloud
- Following the reading> question about how to proceed, should the questions be read first and then questions be determined>or should questions be proposed now
- Member suggests that the current sample questions be read aloud and then to proceed from there.
- Questions read aloud
- Exercises are also read aloud
- Member asks about the revised PSA status
- Response: The PSA is finalized and conference approved
- Member: Values the things heard spontaneously in the fellowship, anonymity is the question that he hears the most. It would be good to have some type of information that can be presented to help fellowship to understand anonymity and the spiritual foundations of anonymity
- Member: question...recalls GSC tasked PI&O to create a definition for anonymity in CMA to present to the fellowship
- Member: Responds that this is indeed what the plan is and the publications would support that



- Member: question, asks why did PI&O decide to pursue the project the way they have, in essence, why has this been brought to Literature
- Member: response, this project grew and there is doubt as to the work already done meeting expectations. Thought literature committee would be the best partner in this endeavor.
- Member: There was a pamphlet originally in the works some time ago addressing anonymity and the digital age. This project was tabled at that time and has not resurfaced. The fellowship needs to reach an agreement on the practical application of the anonymity spiritual principle. No clear message at this time of what is acceptable and what is unacceptable. Applauds PI&O with trying to create the workshop however the consensus overall is a priority after which a standard can be defined
- Member: Observed that many people break anonymity using face book, outreach is argued with regarding anonymity.
- Member: 3 ideas....1) PSA is an old issue and has been responded to successfully resulting in a new PSA, so that is no longer an issue. 2) Growing talk of the fellowship developing a long form of all of the traditions, which relates to anonymity 3) does anonymity still warrant its own focus now or should it be tabled until after the long form of the traditions is created...
- Member: Agrees that the prior is all related. Individual anonymity is personal, group conscience, dictates to those at the GSC. Unable to make a decision until the individual groups to determine
- Member: responds that the prior suggestion is insufficient.
- Member: In some cases anonymity is not as protected in others. Maybe we create a list of situations and what is acceptable and what is in violation of the principle
- Member: relating own personal experiences when working with the anonymity principle. This may be most beneficial in the moment.
- Member: Problem with having or postulating practical applications, in 1939 much of today's technology was not available. So, do we continue to address every new venue in which anonymity can be broken?
- Member: What spiritual concept is related to anonymity: Safety, humility, self-sacrifice, dignity of privacy, what I say about you reflects more about me than you, what I say about you is important than, not creating a bias due to association fellowship protection, humility and protection of self and fellowship, unity/all the same, freedom of expression, leveling the playing field, continuity and consistency, sanctuary, privacy, protection, honestly feeling safe, apolitical, trust, without a face or name: sameness across the fellowship. Humility, need you more than you need me, everyone is welcome the same way, understanding of strengths and weaknesses, principles before personalities, twofold meant for the spiritual humility aspect except when addressing the newcomer who needs to feel safe as related to the simple dictionary definition, spiritual foundation of all of our



- principles, just another damn addict like everyone else, we centered not we centered, level playing field
- Member: comment regarding the question, there is a spiritual concept that might get confused when an attempt is made to tell an individual how to define this. Innovations will continue to evolve and we can't keep up, rather it is important to express what anonymity is and how to put it in practice. Encouraging people to understand the principle and how to use it and then allowing them to make the choice.
 - Member: Share experience of someone bashing CMA due to one experience, had to hold the person accountable and pointed out the individual does not represent the fellowship.
 - Member: shares that anonymity is the most confusing principle, sees people with long time in the program grow as this principle is fleshed out within them. Struck by how with little coaching or background we can have this conversation about the meaning of anonymity. When determining what the outcome of this project should be, do the workshop with more detail or a pamphlet that is detailed and usable for conversation. Real world examples are a good idea (see 12x12), experience based sharing to educate
 - Member: Document reviewed and he refers one of these things is not like the others. Reading by individual not a 12 step member> also questions the motives of the PSA. Would include more 12x12 information and other fellowship literature. NY has a writing regarding anonymity created by their literature committee. Feels like that is a good starting place for now
 - Member: Refers to the AA publication as an example, has definitions and real time suggestions to use in the moment.
 - Member: Suggests referring to the AA literature and using it until CMA has a new publication of our own.
 - Member: suggests the publications from other fellowships be utilized until we have our own
 - Member: suggests a sharing session at assembly, this has been helpful in the past. 4 ideas on fellowship delivery 1) outline pamphlet 2) extended pamphlet 3) workshop 4) sharing session. The first step is to develop something that generates a sharing session next year
 - Member: Or use a combination of the above 4 suggestions
 - Member: does PI&O want us to continue working on this>
 - Member: Concern that this won't even make it into the conference agenda
 - Member: How do we advance this project?? Tomorrow asking 2 or 3 questions, would something like that be helpful
 - Member: If we do move forward creating the long form of the traditions it might be helpful
 - Member: Start with the 12th tradition
 - Member: Survey went out to fellowship before, why can't we use one now??
 - Member: what are we trying to accomplish??
 - Member: getting the questions presented answered by the fellowship



- Member: if we had a survey what would we be looking for?
- Member: Suggest that a conversation about anonymity is the most valuable outcome in itself. Which way best fulfills the facilitation of educating people about anonymity,
- Member> Reiterates, end result then will be a conversation about what is anonymity based upon experience. Goal may be for us to determine what 3 questions we will ask?
- Member: Suggests having an open discussion about anonymity and then the delegates can have the discussion with local fellowship
- Member: Should we refine and condense it prior to presenting it?
- Member: Concern that no info was in the delegate packet, so this is presented blind. If we want to use some of assembly time, it would be more productive if there are 2-3 questions it would be facilitated easily.
- Member: does not think the committee should make the decisions, rather it should be presented to assembly. Dear fellowship we think the best way to handle the topic of anonymity is in a discussion.
- Member: Extended pamphlet, outline pamphlet, sharing session, workshop which of these should we offer?
- Member: Long form of the traditions would be an easy way to get the anonymity principle out there.
- Member: Out of time? Any additional thoughts? Will determine what to present tomorrow later
- Member: We don't always allow our higher power to guide us, waiting to decide is probably a good thing

New Book Topics/ Submissions & Restart "Sex in Sobriety"

- Potential CMA book topics
- When addressing the idea of a new book we wanted to address issues outside of Crystal Clear
- Possible sub categories read: (PASTE LIST HERE)??
- Discussed if the book and revenue generation is the priority or should the (PASTE PAMPHLET LIST HERE)??
- Member: Handling drinking??? Should we be handling drinking???
- Member Response: This is related to handling the drinking of others.
- Member: Feels that we do not need to create unwanted pamphlets, other publications bring in funds and are just another thing we have to print and expense we generate, why would we not include these topics
- in a larger format.
- Member: Many of the ideas came out of the sessions in Atlanta.
- Member: Questions> In Minnesota, Inside Looking Out was discussed, what is the status??
- Member: Response lots of stories are requested but never received
- Member: Maybe we should be listening to fellowship; it would seem not many of them wish to write. Don't see this happening, instead focus on



- those who will write and do write.
- Member: When trying to squeeze things out of the fellowship, it is difficult in some areas,
 - Member: shares experience of newsletter, often the submissions must be solicited from specific people who are consistent writers. Currently submitting 2 newsletters per year.
 - Member: Back to the book, 3-4 big ideas, 1) when should we consider a second edition of Crystal Clear>>>2) Sex in Sobriety 1st person essays never accomplished...what about a book about it? Might be a niche in the 12 step world>>>3) incorporate stories about sexuality along with other things.
 - Member: Responds there was a pamphlet that was not approved, good idea to get stories from a large sample of types.
 - Member: Reminder, addiction touches everybody, what happens when a sponsee has an issue and you haven't
 - Member: Why wasn't that published??
 - Member: Response: The criteria for creating literature per GSC is as follows: 1. Does it represent group autonomy and the traditions as laid out in the bylaws of CMA? Answer should be YES. 2. Does it serve the primary purpose to carry the message to the addict who still suffers? Answer should be YES. 3. Does it promote unity of CMA. If not, then we should judge it to be divisive. Answer should be YES. 4. Does it allow for the diversity of our membership without alienating any particular region or demographic? The answer should be YES. 5. Does it glorify drugs, sex, or profanity in any way? Answer should be NO. ... this pamphlet did not meet the criteria
 - Member: No one would argue that a pamphlet about financial difficulties would be ok even if they had no financial problems on their own. However when the subject becomes sex it becomes impossible to approve
 - Member: Took this to the GSC and were directed to create a pamphlet or book section, we only have these options.
 - Member: Problem with where we are at in this process fellowship has not been heard from regarding this issue so that we can understand the fellowships group conscience, main concern is to have the discussion, to preserve the unity of the fellowship. Understanding each other as addicts promotes unity. This discussion needs to be had
 - Member: Reiterates the task assignment in Minnesota however it did not pass the GSC due to failure to meet the aforementioned criteria
 - Member: Points out the reduced likeliness of these issues with other topics such as financial life etc
 - Member: Question...under the literature committee description states the advisory committee can create literature that speaks to a certain group or sub-set of the fellowship.
 - Member: A pamphlet is too small to address all members of this fellowship.
 - Member: Methamphetamine is a sexual drug, it doesn't matter what sub-



set you are in.

- Member: There is a need for the discussion of sex as related to recovery, we need to decide what we want to do
- Member: Could we write a book? Yes it is an option
- Member: I do not fault the GSC for being cautious about how this is pursued. There is wisdom in the infallibility of the first person stories and a sharing of stories that can be helpful without being an instruction manual.
- Member: Agrees with the thought that the pamphlet ship has sailed, the pamphlet isn't the end all be all. Concerned there is not a book worth of stories, it might be better in a book as a section along with other sober living strategies. Problem with idea of first person stories would cause some identity politics.
- Member: Makes a really good point, stories in Crystal Clear pigeonhole the tellers based upon the titles.
- Member: If we had an average of 3 pages for each story and presented a full gamut of diverse situations, if this is done then it is too much information for the book.
- Member: What about the story being what it was like, what happened, what it's like now
- Member: Who would edit an undertaking like this>> boundaries respected??
- Member: How was Crystal Clear done,
- Member: Weekly review sessions for all stories. Everyone edited and then a group conscious was taken to make edits.
- Member: Concerns voiced about the people that need this to recover sexually.
- Member: There is a strong sentiment that this discussion should be between sponsor and sponsee
- Member: Idea that it is less manipulative to have individual quotes than to have things written out in a narrative. Do not think it is inherently better to have a set of quotes, even with the editor ensuring control
- Member: If we pursue the GSC's instructions we will have a book or large pamphlet.
- Member: Is this specifically about Sex in sobriety?
- Member: Response, topic of sex has more volume that the book of a generic nature, suggesting a sex in sobriety book in the first person.
- Member: In a perfect work we would have many contributors for a book like this discussion suggests. Crystal Clear has 20 stories. Great idea but it's a big project. If the requirement for the output would be any form, essays of any length, poetry, etc. Crystal Clear it was difficult to get stories that they could use, not easy!!!
- Member: Stringent conditions on the contents, format, and story length/
- Member: Suggests reading of Living Clean pg 91-95 to see their Sex publication, we should do multiple books,



- Member: Maybe the number of submissions should determine the path we take.
- Member: Do we do more pamphlets or a book; it should be up to the fellowship!
- Member: Concerned that there was a sense of what Crystal Clear should be and the stories were coached essentially. Here we have an idea of what we want to write and there is a concern that we will do that again
- Member: We need submissions prior to making a final decision
- Member: Details about why sex is such a part of our addiction?
Informational
- Member: Sex in sobriety will sell like crazy!!!!
- Member: It would be nice to have some publications!
- Member: We need to take a break....do we have a consensus? If so we need to solicit stories from ourselves and those in our local fellowships.
- Member: What direction should we give when we request this
- Member: Poll the group, should sex in sobriety in dedicated book or a section 10 people for whole book, 4 people for wait and see what we get submitted.
- Member: Poll the group, should we take on another book while the other book is in process? 11 people want 2 books at the same time, 1 suggests waiting on subscriptions
- Member: Suggests we make preview stories available to fellowship to assist other writers.
- Members: How many submissions has this committee received in the last 3 yrs?? 1 which is an issue. We have no submissions!!
- Members: Give out topics to folks to select from.
- Members: Suggested topic ; Safety in the rooms

4:05pm – Break

4:20p Meeting reopens

Literature Production Guidelines & Discussion around presenting the publication options to the fellowship.

- Member: Suggests that we get input from the fellowship! Put it to the fellowship, what should we be doing in terms of pamphlet production?? Topic suggestions?? We haven't received direction from the fellowship and see what they want us to produce in the following year.
- Member: We need to present the book plan to the fellowship.
- Member: This will be done but in reference to pamphlets we need to know what the people want to see in new ones.
- Member: We need to determine whether the extra items on the agenda should be presented to the fellowship as items to consider or are there other topics?
- Member: What about unsolicited ideas rather than scripted ideas.



- Member: Rephrase the question, do you think it is necessary to have a pamphlet on (insert suggested topics here) or what are your priorities.
- Members: Present is as here are the options we are considering, books and pamphlets. We need to know what is the most important to the fellowship.
- Member: No definitive answer possible
- Member: Concern that it is too complicated to ask the fellowship open-ended questions. Better to provide a plan of action in a report format.
- Member: We have a time slot for that.
- Member: We should present the marching orders for the committee going forward
- Member: Advocates for a more open request for their input. We can do the preparatory work in committee and then lead the conversation to avoid open-ended questions, rather open up the conversation with a list of options and allow the fellowship to determine what the priority is.
- Member: That takes the second concept seriously, reinforcing that we are the group conscience of the fellowship.
- Member: What If....we give them 4 choices, and they overwhelmingly say this is what we want and then we do not receive any submissions then what
- Member: Willing to accept that and re-evaluate if necessary. We have a larger fellowship now and this is doable
- Member: Suggest each committee member recruit 3 submissions each minimum.
- Member: Suggestions to say, we address Sex, Obstacles, and 12 Steps in Long Form, and request the fellowship to determine the priorities. Requesting that the fellowship shows their choice for priority by submissions and the one we get the most for is the first one that gets done! Ask what they are willing to contribute to.
- Member: Urges us to avoid shaming the members of the fellowship for not stepping up before. Reminder that the conference is the representation for all of the fellowship. Asking for focus and priorities is important. We can lead with the information we already know
- Member: Align with the fellowship and encourage them to share if they hear the same thing we do???
- Member: Wants the delegates to feel that the GSC listened to the delegates instead of dictating
- Member: are we looking for support or to direct them
- Member: Reiterates the suggestion of our ability to produce these items depends on the delivery of the fellowship. We have limited time and resources and need to be careful to make promises we cannot deliver
- Member: Suggests we present our group conscience to the larger group and then see what their conscience is.
- Member: Framing of the presentation to the fellowship is important. Fellowship expects us to present it and we should lead it.
- Member: We should not present a 2nd edition of Crystal Clear as this is not



- a priority and the demand will not be like it was for the first edition.
- Member: We don't have a year! We have longer than a year due to the move of the conference to October.
- Member: The most important thing is determining what the fellowship wants
- Member: the committee does not produce the content, which is submitted by the fellowship. Maybe we can post sample writings on the website to show others what to submit. Due to the inability to determine what submissions we will receive it is hard to predict
- Member: Suggests that the committee are the writers, asks do we need approval from the fellowship.
- Member: Points out that any given member can only produce a specific amount. We are going away from what works
- Member: We have asked that everyone commits to the committee, every call
- Member: We shouldn't focus on what is submitted>separate conversations about tactics,
- Member: We have to have submissions, without them there is no publication. Not everyone can write!!!
- Member: Question>> is it on the table that we write a book using the options?
- Member: This was already done in NY it would be a cool idea for the new book about Obstacles in recovery.
- Member: at some point we just need to trust the process, create a clear vision and then trust it. The crystal clear book was a hard process. Learned a lot. Fellowship has changed and we should put it out there and trust the process.

GSR Pamphlet

- Suggested a GSR guidebook like the one used in California. Condensed from other fellowships and our service manual to educate a GSR on how to be a GSR. Lots of How To information. Basis of a one-hour service orientation for new GSRs.
- Member: asks if we will work on the current one.
- Member: Relates experience of the way that they do it in another Area, and how they have condensed it further.
- Member: We need to decide priorities either in committee or ask fellowship to decide.
- Member: We need to decide, have some variables
- Member: What does the chair see us doing
- Chair: responds, eternally optimistic and feels that we will get good information if it is presented to the fellowship properly
- Member: Are we going to provide an outline of objectives or ask openly what they think it should be.



- Member: Why are we afraid of asking for open response questions
- Member: We could present the information to the fellowship, as the report and then open it up to the fellowship to respond.
- Member: We haven't done a good job of asking for feedback.
- Member: We should present it as we are you, we think this, what do you think?
- Member: we should have an informal poll
- Member: Do we want to consider the 3 additional options as pamphlets??
- Member: We need direction from the fellowship on what they need not what we think they need. What are their priorities for pamphlets only?
- Member: 12 Steps rewrite, Long Version of traditions, Sex in sobriety, GSR Orientation, CMA version of living sober.
- Member: Polled members for two priorities during polling
- Sex in Sobriety- 8 votes
- Obstacles (Living Clean) – 7 votes
- 12 Steps Editing – 5 votes
- GSR Publication – 2 votes
- 12 Traditions Long Form – 0 votes

Long Version of the 12 Traditions

- Members: Is a long version of the 12 traditions a vote item, does it change the charter??
- Members: Response, no it would be a piece of literature.
- Member: What is the long version of the 12 steps? What does it mean to CMA? How is it different from the other fellowships? That is what we need to determine. Seems to follow the anonymity workshop.
- See poll

Review of the text to be placed on literature to designate interim or conference approval for literature.

- Current literature indicates "CMA Interim Approved Literature" at the end of the work.
- Member: Asks for clarification on Interim text.
- Ryan Motions to accept the interim statement as edited, Chris Seconded. 14 for 0 opposed, motion passes.
- Conference approved text: Accept as written? "CMA Conference Approved Literature"
Ryan Moves to accept the text with changes Carol second, vote 14 for and 0 opposed, motions passes.

MOTION: Chris: Motion to adjourn, Rich second, passed unanimously

5:22 – Meeting adjourned

B. Purpose of Advisory Committee



Literature Advisory Committee

The purpose of this advisory committee is to produce literature for the Fellowship of CMA. The literature should carry the message of recovery from crystal meth addiction. The Literature Advisory Committee carries out this purpose through the following activities:

Solicits literature submissions from individual members or local literature committees of CMA;

Writes and edit literature;

Adheres to the Criteria for Creating Literature adopted by the General Services Conference;

Recommends such literature for approval by the GSC and the Conference.

Literature is one of the most effective means by which CMA is able to carry its message to crystal meth addicts. Therefore, it is essential that all Conference Approved literature reflect, to the greatest extent possible, both the collective and the diverse experience of CMA as a whole.

Notwithstanding this, the advisory committee can also create literature that focuses this message to a specific demographic.

In considering topics for new literature, time and care should be taken both in deciding what literature to create and what relevant experience we have with the proposed subject.

Whenever the subcommittee completes a new piece of literature, it is first submitted to the GSC for interim approval, and then circulated to the Fellowship. The Fellowship is given ample opportunity to review new literature and provide feedback before submission to the Conference for approval.

Public Information & Outreach Conference Committee Report



APPENDIX D

I. AGENDA

08:00am - 10:00am

- Introductions
- What is PI&O
- Committee Strategic Goals
- 2014 Accomplishments
- 2015 Supporting Goals
- Workbook document reviews

10:00am to 10:15am - Break

10:15am to 11:00am

- Communications collaboration

11:00am to 12:00pm

- Workbook document reviews

12:00pm to 1:30pm - Lunch

1:30pm to 2:30pm

- Anonymity Workshop : Literature collaboration in Panache Three

2:30pm to 3:30pm

- Helpline update
- Treasurer update
- Outreach events discussion

3:30pm to 3:45pm - Break

3:45pm to 5:30pm

- Show PI&O Presentation
- Workbook document reviews
- Allow time for any general questions, comments, discussion.

Reference : List of Workbook documents under discussion

- Transmittal Letter



- Welcome Letter
- For Friends & Family
- For the Professional
- PI&O Speaker Guidelines
- PI&O Service Guidelines

II. Arguments for and against each agenda item discussed

- None of the work of the breakout session was to be voted on. The work of the PI&O General Service Conference Breakout session was to get feedback and suggestions on work that is in process with the PI&O Advisory Committee on the following items:
- Overview of GSC PI&O Service positions
- PI&O Service Guidelines out of the PI&O Workbook:
- The Area PI&O Committee Purpose
- The District PI&O Committee Purpose
- For the Professional
- For Friends and Families
- Mini-Breakout session with Literature Advisory Committee
- Mini-Breakout session with Communications Advisory Committee

III. Final Decisions Made

Discussion about the PI&O Advisory Committee:

Possible Service Positions in the future:

Webmaster-Communications Liaison: responsible for working with the Webmaster to ensure that PI&O information on the website is up to date and accurate; and

Media Information Coordinator: responsible for dealing directly with all media inquiries. (See minutes for discussion on this)

In reviewing the materials to be discussed during the breakout, we recorded quite a few editorial revisions which are included here:

(the recommendations to Area and District PI&O Committees are suggestions only.)

The Area PI&O Committee Purpose

Throughout the CMA Fellowship, PI&O committees meet and offer various opportunities for service. Many CMA's new to the fellowship or to a region depend on PI&O to carry the message of CMA unity and hope. ~~The purpose of Area PI&O is to deliver that~~ *carries* the message consistently and clearly by reaching out through print, direct mail, internet, and word of mouth. Area PI&O provides ~~adequate~~ *another level of* support to, and disseminates information ~~to area/district representatives about the fellowship.~~

The District PI&O Committee Purpose

In "suggested duties for District PI&O Chair" it needs to be clearly pointed



out that this is an ideal dependent on the level of organization that a district has. It is recommended that the Chair reach out to their Area PI&O Committee or the GSC PI&O Advisory Committee.

(Overarching goal for the following two readings to make them consistent in language and thought)

For The Professional

Crystal Meth Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth. The foundation of the fellowship is regular attendance at meetings where members discuss how they achieved sobriety and a new outlook on their way of living. We recommend a program of recovery which includes the 12 steps of recovery ~~set forth by Alcoholics Anonymous as adapted for Crystal Meth Anonymous.~~

We have come to realize that addiction is a progressive disease that can only be arrested, but never cured. Denial and rationalization are part of that illness. Most addicts resist any suggestion that addiction could be the root of their problems. They may also resist any suggestion of a 12-step recovery program as a possible solution. Recovery begins with the addict's recognition that they are powerless over their addiction and that their life has become unmanageable. ~~Expect that until the addict is ready to make such an admission, rejection of the health care professional's diagnosis is common.~~

Our experience has taught us the value of knowledge in encouraging the addict to seek help. We recommend ~~attending the professional attends an open meetings of Crystal Meth Anonymous (where non-addicts are welcome) to become more knowledgeable for the addict who may become receptive to the CMA fellowship and need to have questions answered. We have found that it is difficult for the health care professional to refer someone to an organization with which they are unfamiliar familiar with our fellowship.~~ At this meeting, the health care professional can obtain more information on the CMA fellowship, a meeting list of other CMA meetings, and CMA literature.

It is important to note that the only requirement for membership in CMA is a desire to stop using. ~~Members participate in meetings, work with a sponsor, and work the steps of a 12-step recovery program.~~ (See "For Friends and Family") We encourage the addict to attend multiple meetings to find those meetings which are most comfortable for them. Whenever possible, the newcomer should attend meetings with someone from the CMA fellowship who can answer their questions. Often, this person may be a temporary sponsor who can help to guide the newcomer into the program of recovery. There are no religious affiliations; CMA is based on spiritual principles. ~~Our goal in CMA is the same as the health care professional: to help the addict stop using and lead a healthy lifestyle.~~



To Request Assistance

If you are a Health Care Professional, Correctional or Treatment Facility Professional, Employee Assistance Professional, Educator, Clergy Member, Counselor, Social Worker or Student and would like us to mail you further information about Crystal meth Anonymous, or put you in touch with a local member, please see the following link:

<http://www.crystalmeth.org/contact-us/cma-contacts/general-services-contacts/56-professional-request-coordinator.html>

For Friends and Families

Crystal Meth Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth. The foundation of the fellowship is regular attendance at meetings where members discuss how they achieved sobriety and a new outlook on their way of living. We recommend a program of recovery which includes the 12 steps of recovery ~~set forth by Alcoholics Anonymous as adapted for Crystal Meth Anonymous.~~ We cannot offer counseling or suggestions on the situations of family members and loved ones of addicts.

Today, literally millions of people have recovered from their addiction in 12-step recovery programs. Many people can relate to the experience of living with an addict – the disruption to family life, the neglect of children, lost time from work, wasted money. In spite of all the troubles that crystal meth has caused in your life, you may be unable to accept that the one you love is an addict. The word “addict” conjures up all sorts of negative connotations. Even if the addict admits to being one, you may not be able to admit it yourself. Relief can only come from understanding that addiction is a progressive disease that affects the entire family structure. It may help to remember that addicts are suffering from a progressive and potentially fatal disease. Modern medical thinking is that addiction is not a weakness, a lack of willpower or a moral failing. Addicts are sick people who can be effectively encouraged to get well, not bad people who need to be “good.” Modern recovery approaches deal with the family and friends as well as the addict. It is important to NOT shield the addict from the consequences of their using behavior, referred to as “enabling.” Not enabling the addict may help them become willing to seek help. Armed with the knowledge that recovery is possible, many rush in to help the addict ~~find salvation.~~ But many addicts are not ready to turn to Crystal Meth Anonymous simply because a loved one suggests it. Sadly, most addicts do not recover until they become willing to seek help; our experience has shown it is nearly impossible to “make someone recover.” Often, the addict is simply not ready to admit that they have a problem.

Our experience has taught us the value of knowledge and the need for patience in encouraging the addict to seek help. If you care about an addict who is hesitant to seek help, there are several things you can do. We recommend attending open meetings of Crystal Meth Anonymous.



(where non-addicts are welcome) to become more knowledgeable for the addict who may become receptive to the CMA fellowship and need to have questions answered. Your understanding of the nature of the problem plays an important part *may play a part* in helping the addict achieve and maintain sobriety. Also, recognizing that there are limited sources of support *options* for families we offer the resources below for informational purposes. The resources below do not *This does not* constitute an endorsement of, nor an affiliation with, the institutions or programs or resources mentioned.

It is important to note that the only requirement for membership in CMA is a desire to stop using. *We suggest that* members participate in meetings, work with a sponsor, and work the steps of a 12-step recovery program. *and work a program of recovery found in the 12 steps with a sponsor.* Members focus on how to stay clean today and avoid "future tripping." Recovery may take time and the return to health is often long. But as time goes on, the life of the addict becomes different and their perception is forever altered. *one day at a time and our experience has shown that this can lead to long term recovery.*

If you are coping with the pain of having an addict in your life, we suggest a programs like AL-ANON or Naranon, *may provide support and offer strategies for coping with a loved one's addiction.*

Al-Anon can be reached via their website at: al-anon.alateen.org
Al-Anon is focused on the families and friends of Alcoholics, but their materials will be helpful to the loved ones of addicts as well. They are a much larger organization than Nar-Anon, and therefore easier to find in many localities.

Nar-Anon — an organization for the families and friends of drug addicts, can be reached at (310) 534-8188 or (800) 477-6291, or write to: Nar-Anon Family Group Headquarters, Inc., 22527 Crenshaw Blvd #200B., Torrance, CA 90505-USA.

Welcome Letter

Welcome to Public Information and Outreach! The Public Information and Outreach Advisory Committee of the General Services Committee is here to offer guidance and provide assistance in any way that we can.

Public information and Outreach (PI&O) is an integral component of service in Crystal Meth Anonymous. Whether it's on the local or national level, the information that PI&O makes available can help shape the public's opinion and potentially influence *someone's decision people* about whether or not to attend a CMA meeting or refer someone else to CMA.

CMA General Services wants to help you succeed in carrying the message of your fellowship by providing you with information that you can easily access at www.crystalmeth.org. There you will find documents that can assist you when attending a public event or an event within the fellowship of CMA.



Also, you will find information for friends and families of the addict, for the media, and for the professional who may come into contact with addicts.

To learn more about PI&O work at all levels of CMA service, follow this link to the website: <http://www.crystalmeth.org/fellowship/general-service-committees/public-information-committee.html>

The purpose of PI&O work in Crystal Meth Anonymous (CMA) is to carry the message of recovery by, in part, informing the public that CMA exists and that it offers recovery from the disease of addiction. A PI&O committee ensures that accurate information about CMA is available to the public, to those that work with addicts professionally, and to those within the fellowship that carry the message of recovery to the addict who still suffers.

If you have any questions, please contact us at for more information, or to join the monthly conference call. The PI&O Advisory Committee currently hosts a conference call on the third Saturday of each month at 12:00 Noon (Eastern). Any member of CMA is welcome to attend this call and participate.

We look forward to working with you to carry the message of CMA worldwide.

Thank you
CMA Public Information and Outreach Advisory Committee
[genericemail@cmagso.net] add mini-url

Mini-breakout with Communications

Reviewed changes sought by the PI&O Committee and review of test site. On the PI&O landing page, reduce verbiage and provide links for further information.

Agreed to work with Communications Advisory Committee to clarify what documents we would like to have linked on the website.
Made suggestions about the "Get Help" page.
Create icon link for hotline

Mini-breakout with Literature

A great deal of discussion took place about the "Anonymity Workshop" that PI&O was tasked with at previous Conferences. Please review minutes. The Chairs of the PI&O and Literature will approach the Conference Committee to see if we can have some time during the Assembly to get feedback from the fellowship.

IV. Minority Reports

None



V. Steps for Further Action

Continue to work with Communications on website issues.
Continue to work with Literature on Anonymity project.

VI. Minutes

PI&O Breakout
Literature and PI&O mini-breakout
Communications and PI&O mini-breakout
Anonymity discussion during Assembly

Executive Committee Conference Report

I. Minutes



APPENDIX E

Attendance:

Doug S. – Chair of the Board of Trustees and Executive Committee
James C. – New England regional trustee
Will H. – At large Trustee
Fred D. – California delegate and co-chair of the host committee
Mark M. – Chair of Host Committee
Ryan S. – Washington State delegate
James R. – Texas delegate
Shirlynn M. – Utah delegate
Ruairaidh H. – UK delegate
Petr P. – Voting member and on host committee
Jeffrey J. – San Francisco, California delegate member

Doug S. welcomes and opens with the Serenity prayer.

Introductions

Voting on 2 things

- Recommend to move the conference date and time of year
- Establishing two new regional assemblies in Canada

if time: few other issues

Run through the voting procedures: who can vote.

Mark M. read the Service Manual Executive Committee description.

First Item:

Recommendation to Move the Conference Date/Time of Year

- the board has recommended to move the date and time of the conference

Jeffrey J. – read the delegate pack info.

Voting Item:

Recommendation to Move the Conference Date/Time of Year

In the last six months the Board of Directors, General Services Committee, Executive Committee, and Conference Subcommittee have had discussions of possibly moving the date of the annual CMA General Service Conference from Spring to Fall. This is being considered for several reasons:

- Travel tends to be less expensive in the fall, so there would be a potential cost benefit to the entire Fellowship, including any Areas subsidizing Delegate travel, through potential lower overall airfare



and hotel expenses.

- The March Conference and June Annual Meeting (currently required in the Bylaws) fall very close together, which loads the expenses of the Director's and Advisory Committee Chair's into one part of the year. Having more time between these events will help with budgeting, as well as distribute the workload of business more evenly throughout the year.

While the change is essentially custodial in nature, and therefore the Board of Directors is authorized by the Bylaws and Conference Charter to make the change, it is felt that there are many interlocking and complementary factors in our calendar, including Area Delegate elections, Area Director/Trustee Nominations, corresponding terms of office, Annual Meeting of the Board of Trustees, and many others; therefore input from the Conference should be sought prior to any change to Conference timing that isn't due to unavoidable, unforeseen circumstances or emergency.

Concerns such as "but we elect our delegate in _____" are valuable observations, and should be brought to the attention of the Board, but those sorts of concerns don't necessarily mean the change should not be made. We are aware that election schedules and terms of office for Delegates may need to be adjusted as part of this process if we proceed. Our service structure is growing at different rates and on different schedules around the US and the world. Our schedules are not congruent nationwide, but we do have a desire to move toward more consistency nationwide gradually. In this light, this change may represent an opportunity to increase consistency in our Service calendars around the country, even if it also presents a short-term inconvenience.

An analysis of the Bylaws of Crystal Meth Anonymous and Conference Charter has been made, as well as a discussion of how the Twelve Concepts and Twelve Traditions impact this suggested change. We have also analyzed relevant dates and deadlines from a General Service perspective. Those documents have been made available as supplements to this packet. You can view and download these documents at: <http://conference.crystallmeth.org/delegate-access.html>
Enter the word "documents" for both the username and password on this page. Once logged in, you can click on the menu item called "Delegate Documents" to review these items.

The formal request of the Conference, upon discussion and recommendation of the Executive Committee session as a motion to the Conference, will be two-fold.

1. Part one will be to allow the Board and General Service Committee of CMA to modify the future date/timing of the Conference in order to best serve the spiritual, fiscal, and legal needs of the Board, Conference, and Fellowship of CMA.



2. Part two will be to ratify the change to the Bylaws of the Board of Crystal Meth Anonymous, Inc. where the Board has voted to strike the word "during the month of June" from the timing of the required Annual Meeting. An Annual Meeting would still be required for the purposes of electing Directors and transacting important CMA, Inc. business, but the timing of this meeting could be scheduled to correspond better with the Conference.

Doug B. – summary of where we've been historically and why this discussion is taking place. Invites those present to give input.

Petr P. – weather affects travel from and to a conference

Ryan S. – only in October?

James C. – not a vote for a specific date, a vote to authorize GSC to choose a new date.

Doug – change of two dates, the conference and board date. The Board has the power to do this. It was fall, been spring for a while, and the board probably thinks Fall works best. If changed, the Board meeting should come after.

James C. – rapid succession of the two meetings is a financial problem for some movement. Understanding that various area's need time to look at the time of the voting

Ryan – pro to change: funds are low in area to pay for registration start of year.

James – opinion that particular area reasons shouldn't be considered into changing the date.

Freddie- - on Ryan's point, a bit more planning could avoid this.

Mark M. – LA elects in Aug

Ruaraidh H. – taking time off so soon after Christmas is harder

Will – under California law there has to be time to

James – a least 6 weeks needs to pass between conference and Boards meeting.

Doug – an opinion would be to have a phone conference at 45 days and an in person board meeting 6 months after.

James – whenever we move the conference we need a two months deadline between delegate material submission.

Petr – research into hotel rates?

James – 20% cheaper

Mark - hotels are busier in the spring

Doug - lots of conference in Spring, Fall is relatively quite and more options.

Cons:

James – force areas and regions to disrupt the current voting schedules.

Peter – doesn't think this is a major task. Seconded: Fred.

James – Penn has been vocal against it as delegates get votes in at Feb.

Petr – GSC conference also very close to CMALA.

Will – confirmed that it would save the GSC 20%. This saving will also be felt by the areas.



Fred – the more consistency between areas and regions the better
James – supportive
Joe R. – weather delayed his flight from Texas
Ryan – for the change but for Washington it's a new anyway
Shirlynn – bought it to the GSC and no one felt strongly either way.
Will – for change. Lots of variables flights up and down. Hotels,
Ruaraidh H. – supportive of a change that saves the fellowship money
Petr – supportive
Jeffrey – mixed. Main CMA retreat is end of Oct. Fundraising events leading up to that.

James C - Vote for the GSC to consider a change. 3 months until it could be made. Conference committee would make a recommendation. Most likely effect next year's conference Chicago 2016 – so 18 months to change bylaws and do additional fundraising.

Petr – Board would do it anyway without conference approval?
James – technically possible, but highly unlikely to happen.

Doug – 2 part vote:
Part 1 – allow Board and GSC to modify future conference date. Like conference to affirm this, even though they believe they have the right away as custodians.
Part 2 – Bylaws state annual Board happening in June – to vote to strike “during the month of June.”

Petr – is this giving the right to change the conference again in the future or just now? As Part 1 actually doesn't need approval. Also Part 2 needs to be approved anyway. So perhaps we should vote part 2 first. If that passes then have the conversation about moving the conference and Part 1.

Motion:
In Article VII, Section 6, Paragraph C of the Bylaws of Crystal Meth Anonymous, Inc., we propose that we strike the words “during the month of June”, so that the entire paragraph reads as follows:

(c) Annual Meeting. The Board shall hold an annual meeting each year for purposes of organization, election of directors and officers, and transaction of other business. Notice of the annual meeting shall be given in accordance with subsection (d)(ii) below.

James: seconded.
This is a motion that is a recommendation to the conference.
Vote: unanimous 9.

Fred – read the delegate pack section

Voting item:



Recommendation to establish two new Regional Assemblies in Canada

Doug – start of a larger discussion, to eventually include representatives from outside the US (including UK and Australia). This would require a much larger change. But the Bylaws and Service Manual only make provisions for the US, but conference charter does include Canada. The conference charter is the spiritual document. So this is about updating the Bylaws and Service Manual to bring them inline with the Conference Charter.

James – the two regions proposed have been suggested by the Canadian areas.

Doug – future discussion about inclusion of other countries. The Board will deal with it in the future.

James C.

Motion:

In accordance with Article VI of the Bylaws of Crystal Meth Anonymous, Inc., we motion that in In Article VI, Section 1, of the Bylaws of Crystal Meth Anonymous, Inc., we add subsections 10 and 11, immediately following the end of subsection 9, that read as follows:

“10. The EASTERN CANADIAN Regional Assembly consists of the Canadian Provinces of Prince Edward Island, Nova Scotia, New Brunswick, Newfoundland and Labrador, Quebec, and Ontario.

11. The WESTERN CANADIAN Regional Assembly consists of the Canadian Provinces of Manitoba, Saskatchewan, Alberta, and British Columbia, and the Canadian Territories of Northwest Territories, Yukon, and Nunavut.”

And in Article VII Section 1, Subsection (a) of the Bylaws correspondingly increase the maximum number of Directors to 28 and number of Regional Assemblies to 11 as a result of the above changes to Article VI

Seconded: Mark M.

The final vote on the motion was: 9 unanimous in favor.

BREAK

Review and discuss new set, staggered terms for Regional Trustees.

Petr read the Delegate pack as follows:

In order to provide for consistency of Board member selection, service, and officer terms; the Board has officially adopted staggered terms for Regional Trustees that end in even numbered years. As a result of new Board policies discussed at last year’s Conference and formally approved by the Board in June 2014, these changes have been made implemented. The new terms will be discussed and explained in Executive Committee session and reviewed with the Conference during the general session. This change does not affect the Conference’s ability to nominate a Trustee in any year there is a Regional Trustee vacancy, it would only affect the length/ending year of the term when a vacancy is filled outside of the regular rotation.



Explanation: Doug: people are elected to 4 year terms and those people can be elected officers for 2. Sometimes board members join on odd years that don't fit in with the officer elections and therefore some may only be eligible to stand as an officer for 2 years once, rather than twice.

The Board has fixed this by shortening or lengthening various terms for some Trustees to bring them in line with each other.

The only affects 3 regions: Great Lakes 1, Pacific B, Southeast B

Use of At Large positions for those that are unwilling to shorten their terms or extend by a further 4 years.

Article 7 Section 2 in Bylaws.

LUNCH

Policies & Procedures (continued from 2014)

Director Nomination, Vetting and Selection Procedure

Reading of draft.

Reasons for change: to maintain the quality of the Board. Also new candidates may not have been voted on for the right reason (popularity).

An empty seat is preferable to a seat that has a candidate that didn't show up as this plays havoc to the quorum.

A 9 month process.

If a candidate fails the background check is there enough time to get another? Yes just.

A member suggested the idea of an alternate in the case of the above. General consensus is that it is more important to get the right candidate than any candidate.

Definition of moral turpitude (California): fraud, embezzlement, and identity theft.

Motivation for change: attendance problems.

Doug read minutes from Board June meeting 'walking lightly', conference change will give an extra 3 months to make this process succeed.

James clarified that the Board would now have two opportunities to stop an suitable candidate progressing: Nomination Committee, Board ratification.



Only mechanism now to stop a candidate is the vote at the conference at the GSC.

Rick suggested adding a timeline into the procedures.

Edits commenced.

NOTE: Add into Service Manual Nominating Committee and new process.

Add into Nomination: paragraph 1, "as part of Conference Delegate packet."

Add criminal history checks to first paragraph

Re-ordered and cleaned up Vetting Paragraph 7.

Finance Committee Conference Report

Purpose

The purpose of the Finance Advisory Committee is to develop and



APPENDIX F

implement policies and procedures in all matters concerning the finances of Crystal Meth Anonymous, Inc., including ways and means to generate funds necessary for the continued growth of the fellowship, in accordance with our Twelve Traditions and Twelve Concepts. The Finance Advisory Committee carries out this purpose through the following activities:

1. Drafts annual CMA budget and advises on budget development and submission
2. Recommends other financial priorities
3. Advises on:
 - a. Acquisition of assets in a manner consistent with CMA Twelve Traditions, CMA Twelve Concepts and applicable laws
 - b. Management, maintenance and protection of assets
 - c. Liabilities and contingent liabilities
 - d. Required financial filings
 - e. Ensuring that receivables are collected on a timely manner
 - f. Ensuring that invoices and other payments are made on a timely manner
 - g. Utilization of assets (i.e., expenses) to meet needs of CMA as determined by trusted servants in a manner that benefits CMA and does not inure to individuals by asking:
 - i. Does the expenditure support the mission of CMA?
 - ii. Is the expenditure disallowed by CMA Bylaws or applicable law?
 - iii. Has the expenditure been properly authorized in writing?
4. Acts as a resource for CMA groups on financial matters including but not limited to advising on negotiating leases and other contracts

Finance Advisory Committee proposed 2-Year objectives for fiscal years 2014-2015 and 2015-2016

1. Build out the Finance section of the crystalmeth.org website.



2. Provide our financials and other reports in this section of the website.
3. Show how contributions are used.
4. Document adopted prudent reserve annual and total goals.
5. Develop group finance guidelines and create brochure for group\ intergroup treasurers.
6. Make a recommendation for discount for bulk sales.
7. Develop suggestions to generate more revenue (donations, sales) and work with other advisory committees and GSC to implement selected suggestions (e.g., make recommendations for bulk sales discounts).
8. Work with other advisory committees and GSC on developing spending priorities and identifying budget needs (including asset acquisitions -- e.g., medallions).

I. Agenda

Continue work on fulfilling 2-year objectives of the Finance Advisory Committee by focusing on:

- Developing group finance guidelines to be documented in a treasurers brochure for all service levels other than GSC
- Further developing and documenting GSC budgeting process focusing on assisting advisory committees and advising GSC
- Building Finance Advisory Committee section of www.crystallmeth.org website
- To the extent time allows, develop suggestions to generate additional revenue

II. High level narrative or arguments for and against each agenda item

Through a group conscience it was determined that the Finance Conference Committees would focus on:

- Developing the guidelines/pamphlet for treasurers at levels other than GSC, and
- Discussing ways to generate additional revenues.

Guidelines/pamphlet for treasurers at levels other than GSC

The committee decided to narrow the scope of this document to focus on the needs of the group, rather than an all-encompassing handbook for all service levels. A pamphlet was outlined. This first draft focuses on:

- Election of a treasurer
- Passing the Basket



- Safe guarding the money
- Disbursement of group funds
- Contributions to lower service levels
- Treasurer's Reports
- Prudent Reserve
- Opening a bank/ EIN
- Insurance
- Additional resources

It was agreed that the Finance Advisory Committee and the Literature Advisory Committee should continue to work on the draft pamphlet.

Develop suggestions to generate additional revenue

The following suggestions were made by the Finance Conference Committee to raise revenue:

- A second book/hardback edition of Crystal Clear
- Amazon/Kindle
- Mini books (Crystal Clear and CMA literature)
- Medallions for 11-20 years,
- Chips for months 4, 5, 7, 8, 10, 11, 13, 14, 15, 16 & 17
- Birthday donations of a penny a day
- Gratitude Month
- Phone app for CMA literature and a CMA day counter
- Daily meditation book
- Selling non-branded t-shirts and general merchandise
- World Convention
- Direct contributions via CMA website (groups & members)

III. Final decisions made, including vote counts for and against

None

IV. Minority Reports

None

V. Steps for Further Action

None

Hospitals and Institutions Conference Report

Minutes

Call to Order – 8:05am



APPENDIX G

- Opening Prayer
- Reading of the Purpose
- Reading of the 12 traditions

Attendance Report

Discussion of new committee members

- Need more members for proper functioning of committee
- Potions required
 - Co-Chair** (2 year position) – Ends June 2016. Clean time requirement 2 years. Be available for monthly call and available to attend World Conference
 - Zack nominates Marlow, Yvonne seconds
 - Bill Bicknell nominates himself, Brenda seconds
Bill was nominated as Co-Chair

Jail Liaison East - handles correspondence from correctional facility. Respond to info requests from inmates. 2 year commitments. Until Conference in 2017.

- Brenda: Best if this position is filled by someone who is not eligible to go into facility. In some cases, corresponding with inmate will disqualify from taking meeting into facility
- Jeff H. nominates Marlo F., Justin D. seconds
Marlo F. nominated as Jail Liaison East

Jail Liaison West –

- Zak M. nominates Rich A., Jason F. seconds
Rich A. nominated as Jail Liaison West

Communications Liaison

- Danny B. – volunteers for this position, Bill B. seconds
Danny B. nominated as Communications Liaison

Literature Liaison (1st Saturday of the month) –current - Elliot (St. Paul) (not present)

PIO Liaison –(3rd Saturday of the month) – current - Sean (not present)

- Zak – what are struggles HI going through with regards to ultimate goals? What traits do these candidates have to help meet those goals?
- Brenda S: we need to finish pamphlet and to get the message out. Being able to communicate with corrections officers. Having volunteers



to fill positions.

- Danny B: Can we get ideas?

Each area – what facilities are you in, and what are your challenges?

San Diego

Rick M : Currently South Bay Detention facility meeting. Expand from room of 18 inmates to room of 48 inmates. Other meetings: Salvation Army, Veteran's Village San Diego, Stepping Stone. Having struggle finding members and leaders who meet requirements.

Jeff H: South Bay Detention facility –both sentenced and un-sentenced. Can be held for up to 10 years.

Phoenix

Marlo F. – In Pinal county jail for men. Multiple treatment facilities and halfway houses. Have been in a juvenile facility. Were approved for Happy Valley Prisons, but couldn't get anyone approved to go in. Goes into Perryville to speak. Badged to get into the state health center. Many meetings in Co. Jails.

Zak M: working on prisons in southern AZ. Problem is keeping people interested and badged for jails. With some of halfway houses, speakers disappear.

Chicago

Dan S: presence on north and NW side of city. Struggle includes more involvement from H&I. Past H&I chair went out. More stable now. Trying to connect to get more coverage into the south side. Haven't focused much on jails. A lot of growth and potential. Fellowship has grown a lot in the last couple of years. Total of 3 H&I meetings. One at Hospital – St. Joes. Haymarket – public treatment center. One with a private residential facility New Hope.

Seattle

Jason F: 3 year old fellowship. Four meetings per week. Other meetings in the state. Saturday, Sunday largest meetings. Average 25 people. Sometime get up into the 40s.

Philadelphia

Ken K: Meetings and Gay and Lesbian center in Center City. Get requests for meeting from rehab centers and halfway houses. Most H&I is taken up by the local AA groups. Struggles: not a lot of long-term sobriety. Hard to get people to take commitments.

Sioux Falls, SD

Danny B: Major damage done by prior CMA group. Went to a conference of mental health professionals in SD. Take two meetings a month to a facility where he went. Working on intro to Avira hospital. Want to get intro into this hospital system.



Justin D: PIO has info to use for this

Marlo F: Do you have PIO in your region? Ask facility – what do you want to see in a meeting when they come in?

Bill B: What happened in SD. What was the problem? Problem was biker affiliation with CMA/NA, and many broken commitments.

Coon Rapids, MN

Rich A: Has spoken at some facilities.

Brenda S: Currently Riverplace Treatment center. Were in 6 facilities. Best advice is to under-promise and over-deliver. You must have the volunteers to go into correctional facilities. Lost a lot of facilities when new H&I chair took over.

New York, NY

Jono M.: Bring meetings in a lot of recovery facilities and hospitals. Hitting problem with facilities already having AA meetings and not wanting to add others.

San Francisco

Bill B.: In 9 recovery houses in SF, and 3 in San Jose. Current NorCal Chair is from San Jose. In the jail in San Francisco. A woman's meeting at the SF Co. jail. Mix of voluntary meetings. Veterans Pod - meetings are mandatory. Have a new meeting that will be mandatory. Going into mental health facility – once a month. Not going into any CA state prisons.

Justin D: We have an H&I subcommittee in San Jose. The main committee in SFO.

Washington DC

Scott A: One H&I meeting. Outpatient program. Abandoned idea to bring meeting into local jail. Committee focusing on putting together a list of facilities to target. Doug/Baltimore – working with DC to start new meetings.

Los Angeles

Richard G: LA has 30-35 panels. Robert G. was chair.

Bill B. : They get the word out through psychiatric conference.

Old Business

PIO/HI – HI given permission to contact facilities directly

Pamphlet – Inside Looking at: A sober cell. Actually it is a booklet.

Brenda S: Looking for stories of people who were incarcerated but are now sober.



Submit stories at www.crystalmeth.org – do submission with release. <http://www.crystalmeth.org/fellowship/general-service-committees/hospitals-institutions-committee.html>

Brenda S: Wants to create stories on CD or MP3 to send to Federal Facilities. Instead of meeting, they can play the recording for inmates, without all the extra security issues.

Jeff H: Collection of CDs? We should already have recorded material available to use

Yvonne W: Need for stories to be shorter. 20 minutes is ideal for length.

Zak M: Best way to make it happen is to put someone in charge and charge them with pursuing the project.

Ken H: All correspondence into facility vetted. NO photos allowed.

Danny B: Can we get a guideline or literature for the prisons?

Marlo F: Volunteered to help

Zak M: Why don't we get bios with a waiver? Have someone interview me and write it up.

Justin D: I volunteered in SFO, but no one took me up.

Justin D: Upload audible shares on Crystalmeth.org so facilities could go straight to website and download and/or play.

Brenda S: Have contact info for each state facility.

Danny B: Having problem with bulk rate on Crystal Clear book

Richard G: We have limits on what we can accomplish

Justin D: Effort 1 – get stories together and remove bad language, and other editing, Effort 2 – knowing how it's going to get there.

Zak M: What's role of PIO and HI? [Brenda explains the difference]

Brenda S: We can contact professionals at hospitals and institutions even though this would normally be a PIO function.

Scott A: Literature committee responsibility?

Richard G: the stories will have to go through literature. Important to maintain brand and consistency. Twelve traditions – has to be a connection to CMA. Primary purpose is to carry message to addict who still suffers.



Marlo F: I would want to include a Literature person

Justin D: Must be CMA stories

Marlo F: It's about the solution and the 12 steps, not about a specific fellowship.

Zak M: Don't want alcoholic speaker in stories.

Jono M: Literature committee concern is identification with the message. Maybe it need to be specified as H&I literature and be stored under H&I tab, not under general archives.

Richard G: Maybe the pamphlet just isn't viable at this time. Maybe get MP3s and transcribe into pamphlet.

Brenda S: Are we in agreement to create MP3s and stories to distribute?

Scott A: All stories are accepted?

Bill B: We are gathering stories from members of CMA?

Jason F: Shouldn't we focus on people who had been in facilities and institutions, and coming out and getting sober.

Richard G: If we get a point person – they come up with the guidelines

Zak M: Come up with idea for point people for the projects and what qualifications – then ask at general assembly for help with projects on those committees.

Marlo F: Think it needs to come from H&I committee.

Brenda S: Have a point person in the room, but let them find people from throughout the assembly? Think we should have someone: 1) point person for MP3, 2) point person for written stories, 3) pointer person for federal facilities, 4) point person for local and state facilities.

Jason F: Volunteer to be contact person for written stories – in charge of written stories for the H&I booklet. Make sure that there is a release form.

Jono M: Have a person who is good with audio files.

Brenda S: Looking for someone to compile audible stories

Marlo F: Volunteers to collect audio files

Zak M: Have a specific point a contact for reaching out to facilities



Bill B: Think of it more generally as the idea of getting the message into the facilities

Dan S: will transcribe written stories
How to handle written and audio stories

Brian H: Google drive

Rich A: Brenda is contact for pamphlet?

Richard G: Speak to Aaron (literature) about how to set files up
Contacting Federal, state and Co. facilities
Tanner to send list of facilities
List of treatment facilities by state

Justin D: How do we make sure GSC is not contacting facilities that local areas are already covering? Can we have GSC just work on federal facilities?

Brenda S: trying to reach those not being served. We should focus on federal as we might be biting off more than we can handle, and federal is not yet served.

Zak M: Encourage area H&I to have a world H&I liaison, so we know what is going on in the local area.

Bill B: Facilities want to have one point of contact. Start collecting stories and then research who to contact. Task: reach out to get list of facilities H&I goes to.

Richard G: Our job is to support the work at the local levels. We should not be doing over-reach of local areas.

Marlo F: We need to educate areas and districts on putting out this option – audio and print stories. We need to find out what people want before we provide it to them.

Jason F: Question: what is scope of what we are doing? Make sure there is stuff for the local areas to do their work.

Brenda S: I want to make sure that we are doing something.

Justin D: How do we report back to the districts? Deadline for this?

Bill B: Ask people to let us know they have a story and we can contact them.

Ken H.: Maybe better not to have deadline. At monthly speaker meeting

Brenda S: makes assignment- to collect 20 documented stories (either



written or audio) by June 30th, 2105, to be collected – two stories by every delegate attending the H&I conference.
Justin D seconds motion

Brenda S: makes assignment All H&I Chairs on Bills list to report back to Bill by June 30th, 2015 [BH: I forgot to write what they are reporting back to Bill on]

New Business

Handbook

Richard G: Put together experiences of how to setup H&I committees in local areas. Important thing we need to focus on.

Bill B: What staffing level is required?

Richard G: We need to be more vigilant on H&I meeting because we are representing CMA. Opinion is that this is more important than stories.

Zak M: Can Richard G send info

Justin D: SFO has H&I orientation guidelines for local area

Jono M: what is the format?

Richard G: workbook that is downloadable.

Richard G & Brian H will collect existing data, and put on Google drive to discuss on next call.

Richard G: Will help with handbook

Jeff H: will help Richard G with handbook

Jono M: Should H&I have involvement at drug court?

Richard G: No

Bill B: When do we have H&I meeting vs. regular meeting? Ex. Outpatients in an inpatient facility? Leave it up to facility, in their experience.

Marlo F: You can send a regular meeting, since it frees up resources to take a meeting to a place where the people truly can't get a meeting.

Zak M: If facility charges rent, then it needs to be regular meeting. If attendees are required to be at meeting and no rent charged, then it would be H&I meeting.

Jono M: How do you re-imburse travel to distant meetings.

Brenda S: up to local committee



Zak M: their group conscience was that the expense is part of the commitment. Then they passed around a hat to collect cash to pay for the fuel.

Bill B: create CMA collection can for H&I literature. Any plans to create our own can?